



Hamilton

(G) MOD7/8/9 Cross Country

Coaches:

- Astrid Helfant

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	New York Mills, Sherburne-Earlville, Herkimer @ Poland	4:30 PM		Poland J/S HS			L
Sep 21, 2023	Thu	Regular Season	Waterville, West Canada Valley, Sherburne-Earlville @ Adirondack	4:30 PM		Adirondack HS	Class Dismissal: 2:10 PM	Departure Time: 2:15 PM	L
Sep 27, 2023	Wed	Regular Season	Dolgeville, Sherburne-Earlville, Canastota, Remsen (Remsen/Town of Webb) @ Little Falls	4:30 PM		Little Falls HS			L
Oct 4, 2023	Wed	Regular Season	Sherburne-Earlville, Westmoreland, Oriskany, Cooperstown (Modified), Owen D. Young (Richfield/ODY)	4:30 PM		Colgate Cross Country trails			L
Oct 11, 2023	Wed	Regular Season	Sauquoit Valley, Clinton, Mount Markham @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS			L

Date: 2024-04-20