



Astrid Helfant

DATE	WEEK	TYPE	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Suemime-Earlyille	4:30 PM	Poland J/S HS			L,
Sep 21, 2023	Thu	•	Waterville, West Canada Valley, Sherburne-Earlville @ Adirondack	4:30 PM	Adirondack HS	Class Dismissal: 2:10 PM	Departure Time: 2:15 PM	L
Sep 27, 2023	Wed	Regular Season		4:30 PM	Little Falls HS			L
Oct 4, 2023	Wed	Regular Season	Uniskany Coopersiown	4:30 PM	Colgate Cross Coutry trails			L
Oct 11, 2023	Wed		Sauquoit Valley, Clinton, Mount Markham @ Sherburne-Earlville	4:30 PM	Sherburne- Earlville HS			L

Date: 2024-05-03