



Hamilton

(B) MOD7/8/9 Cross Country

Coaches:

- Jeremy West

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2025	Tue	Practice (Summer Practice)	N/A	8:00 AM	9:30 AM	TBD		
Aug 27, 2025	Wed	Practice (Summer Practice)	N/A	8:00 AM	9:30 AM	TBD		
Aug 28, 2025	Thu	Practice (Summer Practice)	N/A	8:00 AM	9:30 AM	TBD		
Sep 2, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD		
Sep 3, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 4, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 5, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 8, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 9, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 10, 2025	Wed	Regular Season	Sherburne-Earlville, Canastota, Poland, Adirondack	4:30 PM		Colgate Cross Country trails		L
Sep 11, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 12, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 15, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 16, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 17, 2025	Wed	Regular Season	Sherburne-Earlville, Clinton, Westmoreland @ Cooperstown (Modified)	4:30 PM		Clarks Tower		L
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 19, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 22, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 23, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 24, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 25, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 26, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 29, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
Sep 30, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2025	Wed	Regular Season	West Canada Valley, Sherburne-Earlville, Town of Webb UFSD, Waterville @ Remsen (Remsen)	4:30 PM		Remsen Jr/Sr H.S.		L
Oct 2, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 3, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 6, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 7, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 8, 2025	Wed	Regular Season	Little Falls, Herkimer, Dolgeville @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS		L
Oct 9, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 10, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 13, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 14, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 15, 2025	Wed	Regular Season	Sherburne-Earlville, New York Mills, Mount Markham, Owen D. Young (Richfield/ODY) @ Sauquoit Valley	4:30 PM		Town Park		L
Oct 16, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 17, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 20, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 21, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 22, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 23, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 24, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 25, 2025	Sat	Regular Season (CSC League Meet)	Clinton, Sherburne-Earlville, New York Mills, Mount Markham, Owen D. Young (Richfield/ODY), Little Falls, Cooperstown (Modified), Poland, Remsen (Remsen), Dolgeville, West Canada Valley, Adirondack, Westmoreland, Waterville, Canastota, Herkimer, Town of Webb UFSD @ Sauquoit Valley	10:00 AM		Town Park		L

Date: 2025-12-05