



# Hamilton

## (B) V Cross Country

### Coaches:

- Astrid Helfant, Coach

| DATE                  | WEEK DAY | TYPE   | OPPONENTS  | START TIME | END TIME | LOCATION                                       | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|--|--|------------|----------|--|----------------|---------------------|
| Aug 23, 2021          | Mon      | Practice   | N/A  | TBD        |          | Hamilton J/SHS                                 |                |                     |
| Sep 11, 2021          | Sat      | Regular Season (VVS Invitational @ VVS)                                | @ TBD  | 8:30 AM    |          | TBD  |                | NL                  |
| Sep 15, 2021          | Wed      | Regular Season   | Sherburne-Earville, Westmoreland, Herkimer @ Adirondack  | 4:30 PM    |          | Adirondack HS                                  |                | L                   |
| Sep 18, 2021          | Sat      | Regular Season (New Hartford Invitational )                            | @ TBD  | 8:45 AM    |          | TBD  |                | NL                  |
| Sep 22, 2021          | Wed      | Regular Season   | Little Falls, Dolgeville, Sherburne-Earville, Cooperstown (Cooperstown/Milford) @ Oriskany                                     | 4:30 PM    |          | Bernie Block Field @ Walbran Elementary Campus |                | L                   |
| Sep 29, 2021          | Wed      | Regular Season   | Sherburne-Earville, New York Mills, Owen D. Young (Richfield/ODY), Remsen (Remsen), Town of Webb UFSD (Town of Webb) @ Clinton | 4:30 PM    |          | Stadium Field (Grass / Track & Field)          |                | L                   |
| Oct 2, 2021           | Sat      | Regular Season (McQuaid Invitational @ Genesee Valley Park, Rochester) | @ TBD  | 8:45 AM    |          | TBD  |                | NL                  |
| Oct 6, 2021           | Wed      | Regular Season   | West Canada Valley, Poland, Holland Patent, Waterville @ Sherburne-Earville  | 4:30 PM    |          | Sherburne-Earville HS                          |                | L                   |
| CANCELLED Oct 9, 2021 | Sat      | Regular Season (Beaver River Invitational)                             | @ TBD  | 10:00 AM   |          | Beaver River H S                               |                | NL                  |
| Oct 13, 2021          | Wed      | Regular Season   | Canastota, Sherburne-Earville, Mount Markham, Sauquoit Valley  | 4:30 PM    |          | Colgate Cross Country trails                   |                | L                   |
| Oct 23, 2021          | Sat      | Regular Season (Center State Conference League Meet)                   | @ Holland Patent   | 11:00 AM   |          | TBD  |                | L                   |
| Nov 6, 2021           | Sat      | Post-Season (Section III Championships)                                | @ Vernon-Verona-Sherrill   | 1:00 PM    |          | Cross Country Course                           |                | NL                  |

Date: 2026-01-23