



# Hamilton

## (B) V Cross Country

### Coaches:

- Astrid Helfant, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Little Falls, Dolgeville, Sherburne-Earlville, Oriskany @ Cooperstown (Cooperstown/Milford)	5:00 PM		Clarks Tower		L
Sep 14, 2019	Sat	Regular Season (Invitational)	Whitesboro, Oneonta, Oneida, Vernon-Verona-Sherrill, Utica Proctor, Adirondack, Cazenovia, Clinton, Edmeston (Edmeston/Morris), Herkimer, Notre Dame, Utica @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 18, 2019	Wed	Regular Season (Boys and Girls Varsity and Modified Cross Country at** Deerfield Wilderness Park**)	Clinton, Town of Webb UFSD (Town of Webb), Sherburne-Earlville, Remsen (Remsen) @ New York Mills	4:30 PM		Deerfield Town Wilderness Park		L
Sep 25, 2019	Wed	Regular Season	West Canada Valley, Holland Patent, Waterville, Sherburne-Earlville @ Poland	4:30 PM		TBD		L
Oct 2, 2019	Wed	Regular Season	Canastota, Mount Markham, Sauquoit Valley, Sherburne-Earlville	4:30 PM		Colgate Cross Country trails		L
Oct 9, 2019	Wed	Regular Season	Adirondack, Herkimer, Westmoreland @ Sherburne-Earlville	4:30 PM		TBD		L
Oct 19, 2019	Sat	Regular Season	Adirondack, West Canada Valley, Poland, Remsen (Remsen), Town of Webb UFSD (Town of Webb), Sauquoit Valley, Clinton, Westmoreland, Holland Patent, Little Falls, Dolgeville, Cooperstown (Cooperstown/Milford), Sherburne-Earlville, Oriskany, New York Mills, Herkimer, Mount Markham, Waterville, Canastota @ TBD	11:20 AM		Kirkland Town Park		L

Date: 2026-01-23