



# Hamilton (B) V Wrestling

**Coaches:**

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Nov 14, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Nov 15, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Nov 16, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Nov 17, 2023	Fri	Practice (WEIGHT Certifications at CVA)	N/A	5:10 PM		TBD		
Nov 20, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Nov 21, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Nov 27, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
POSTPONED Nov 28, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Nov 29, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Nov 30, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Dec 1, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Dec 2, 2023	Sat	Regular Season (Morrisville Dual Meet Tournament - Weigh ins 7:45-9:00)	Whitesboro, East Syracuse Minoa, Cazenovia, Vernon-Verona-Sherrill, Jamesville-Dewitt (JD/CBA/Solvay)	9:30 AM		Middle/High School		NL
Dec 4, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		

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Dec 5, 2023	Tue	Regular Season	Herkimer	6:00 PM		Middle/High School		NL
Dec 6, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Dec 7, 2023	Thu	Regular Season 45-35 W	Sherburne-Earlville	6:00 PM		Middle/High School		L
Dec 11, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Dec 12, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Dec 13, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Dec 14, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Dec 15, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Middle/High School Fitness Center		
Jan 4, 2024	Thu	Regular Season	Cortland	6:00 PM		Middle/High School		NL
Jan 17, 2024	Wed	Regular Season	Mount Markham	6:00 PM		Middle/High School		L
Jan 24, 2024	Wed	Regular Season	Baldwinsville	6:00 PM		Middle/High School		NL
Jan 27, 2024	Sat	Regular Season (CSC League Tournament)	Little Falls, Cooperstown (Cooperstown/Milford), Dolgeville, Herkimer, Canastota, Mount Markham, Sherburne- Earlville, Adirondack	9:00 AM		Middle/High School		NL

Date: 2024-05-06