



# Hamilton

## (G) V Cross Country

### Coaches:

- Astrid Helfant, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Sep 16, 2020	Wed	Regular Season	Sherburne-Earlville, Adirondack, Westmoreland @ Herkimer	4:30 PM		Herkimer County CC		L
Mar 31, 2021	Wed	Regular Season	Adirondack	4:30 PM	5:30 PM	TBD		L
Apr 8, 2021	Thu	Regular Season	Waterville	4:30 PM	5:30 PM	TBD		L
Apr 13, 2021	Tue	Regular Season	@ Oneida	4:30 PM	5:30 PM	Cross Country Course	<b>Departure Time:</b> 3:20 PM	L
Apr 20, 2021	Tue	Regular Season	@ Remsen	4:30 PM		Remsen Jr/Sr H.S.	<b>Departure Time:</b> 2:35 PM	L

Date: 2026-03-16