



# Hamilton

## (G) V Cross Country

### Coaches:

- Astrid Helfant, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Oriskany, Little Falls, Dolgeville, Sherburne-Earlville @ Cooperstown	5:00 PM		Clarks Tower		L
Sep 14, 2019	Sat	Regular Season (XC Invite)	Vernon-Verona-Sherrill, Whitesboro, Hilton, Adirondack, Clinton, Edmeston (Edmeston/Morris), Herkimer, Notre Dame, Utica, Oneonta, Utica Proctor @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 18, 2019	Wed	Regular Season	Clinton, TBD, Sherburne-Earlville, Remsen @ New York Mills	4:30 PM		Deerfield Town Wilderness Park		L
Sep 25, 2019	Wed	Regular Season	West Canada Valley, Holland Patent, Waterville, Sherburne-Earlville @ Poland	4:30 PM		TBD		L
Oct 2, 2019	Wed	Regular Season	Sherburne-Earlville, Canastota, Mount Markham, Sauquoit Valley	4:30 PM		Colgate Cross Country trails		L
Oct 9, 2019	Wed	Regular Season	Herkimer, Adirondack, Westmoreland @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS		L
Oct 19, 2019	Sat	Regular Season (CSC Champion meet )	New York Mills, West Canada Valley, Poland, Sauquoit Valley, Little Falls, Dolgeville, Remsen, TBD, Clinton, Cooperstown, Herkimer, Westmoreland, Sherburne-Earlville, Mount Markham, Adirondack, Holland Patent, Oriskany, Waterville, Canastota @ TBD	12:00 PM		Kirkland Town Park		L

Date: 2026-03-14