

Coaches:

- Christopher Tideswell, Head Coach
- Julia Helfman, Asst Coach
- Steven Horton, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START EI TIME TI	ND IME LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 10, 2024	Wed	Regular Season	Grand Island, Charter School Applied Technologies, Buffalo	5:00 PM	North Tonawanda High School Track			L
Apr 13, 2024	Sat	Regular Season (Warrior Relay Invitational)	@ Cheektowaga	10:00 AM	Cheektowaga High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:30 AM	NL
Apr 16, 2024	Tue	Regular Season	Charter School Applied Technologies, Buffalo @ Kenmore East	5:00 PM	Adams Field	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
Apr 23, 2024	Tue	Regular Season	Lewiston Porter, Charter School Applied Technologies, Buffalo	5:00 PM	North Tonawanda High School Track			L
Apr 30, 2024	Tue	Regular Season	@ Kenmore West	5:00 PM	Crosby Stadium	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
May 3, 2024	Fri	Regular Season	@ Hornell	5:00 PM	Hornell HS	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 1:45 PM	NL
May 7, 2024	Tue	Regular Season	@ Niagara Wheatfield	5:00 PM	Niagara Wheatfield High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
May 13, 2024	Mon	Post-Season (JV Meet)	@ Kenmore West	5:00 PM	Crosby Stadium	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM	L
May 14, 2024	Tue	Regular Season (League Champs)	@ Niagara Falls	5:00 PM	Niagara Falls High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
May 16, 2024	Thu	Regular Season (League Champs)	@ Niagara Falls	5:00 PM	Niagara Falls High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
May 22, 2024	Wed	Regular Season (Class Champs)	@ Niagara Wheatfield	4:30 PM	Niagara Wheatfield High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:15 PM	L
May 31, 2024	Fri	Regular Season (Sectionals)	@ Alden	12:00 PM	Alden High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 10:00 PM	L
Jun 1, 2024	Sat	Regular Season (Sectionals)	@ Alden	10:00 AM	Alden High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:00 AM	L

Date: 2026-01-02