



North Tonawanda

(B) V Outdoor Track

Coaches:

- Christopher Tideswell, Head Coach
- Julia Helfman, Asst Coach
- Steven Horton, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 23, 2025	Wed	Regular Season	Lewiston Porter	5:00 PM		North Tonawanda High School Track			L
Apr 29, 2025	Tue	Regular Season	@ Kenmore East	4:00 PM		Adams Field	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:00 PM	L
May 6, 2025	Tue	Regular Season	@ Grand Island	5:00 PM		Grand Island High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
May 13, 2025	Tue	Regular Season	Niagara Falls	5:00 PM		North Tonawanda High School Track			L
May 17, 2025	Sat	Regular Season (Invitational)	@ Amherst	1:30 PM		Amherst High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 12:00 PM	NL
May 19, 2025	Mon	Regular Season (JV Meet)	@ Lockport	5:00 PM		Emmet Belknap Intermediate School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
May 20, 2025	Tue	Regular Season (League Champs)	@ Niagara Wheatfield	5:00 PM		Niagara Wheatfield High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
May 21, 2025	Wed	Regular Season (League Champs)	@ Niagara Wheatfield	5:00 PM		Niagara Wheatfield High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
May 28, 2025	Wed	Post-Season (Class Meet)	@ West Seneca West HS	4:30 PM		West Seneca West High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 2:45 PM	L
Jun 6, 2025	Fri	Post-Season (Sectionals)	@ Falconer	12:00 PM		Falconer Middle/High School		Departure Time: 9:30 AM	L
Jun 7, 2025	Sat	Post-Season (Sectionals)	@ Falconer	10:00 AM		Falconer Middle/High School		Departure Time: 7:30 AM	NL

Date: 2025-12-15