



North Tonawanda

(B) V Outdoor Track

Coaches:

- Christopher Tideswell, Head Coach
- Julia Helfman, Asst Coach
- Steven Horton, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---------------------------|------------|----------|--|---------------------------|---|---------------------|
| May 19, 2021 | Wed | Regular Season | Tapestry Charter, Buffalo | 5:00 PM | | North Tonawanda High School Track | | | L |
| May 20, 2021 | Thu | Regular Season | Lockport | 5:00 PM | | North Tonawanda High School Track | | | L |
| May 25, 2021 | Tue | Regular Season | @ Grand Island | 5:00 PM | | Grand Island High School | Bus/Driver: School | Departure Point: Alumni Center Departure Time: 3:45 PM | L |
| May 27, 2021 | Thu | Regular Season | Kenmore East | 5:00 PM | | North Tonawanda High School Track | | | L |
| Jun 1, 2021 | Tue | Regular Season | Lewiston Porter | 5:00 PM | | North Tonawanda High School Track | | | L |
| Jun 4, 2021 | Fri | Regular Season | @ Niagara Wheatfield | 5:00 PM | | Niagara Wheatfield High School | Bus/Driver: School | Departure Point: Alumni Center Departure Time: 4:00 PM | L |
| Jun 7, 2021 | Mon | Regular Season (JV) | @ Grand Island | 5:00 PM | | Grand Island High School | Bus/Driver: School | Departure Point: Alumni Center Departure Time: 3:45 PM | L |
| Jun 9, 2021 | Wed | Regular Season (Boys NFL Championship) | @ Kenmore East | 5:00 PM | | Adams Field | Bus/Driver: School | Departure Point: Alumni Center Departure Time: 3:45 PM | L |
| Jun 17, 2021 | Thu | Regular Season | @ Pioneer | 4:00 PM | | Pioneer Central High School, 12145 County Line Rd, Yorkshire, NY 14173 | Bus/Driver: School | Departure Point: Alumni Center Departure Time: 1:00 PM | L |
| Jun 24, 2021 | Thu | Regular Season | @ Hamburg | 9:00 AM | | Hamburg High School | Bus/Driver: School | Departure Point: Alumni Center Departure Time: 7:45 AM | L |

Date: 2026-02-02