



# North Tonawanda

## (G) 7/8TH Swimming/Diving (Boys/Girls Modified Swim)

### Coaches:

- Julia Helfman

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 25, 2023	Wed	Regular Season	Kenmore East (Kenmore East) @ Niagara Falls	5:30 PM		Niagara Falls High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM L
Jan 30, 2023	Mon	Regular Season	Niagara Wheatfield	5:30 PM		North Tonawanda High School Pool		L
Feb 1, 2023	Wed	Regular Season	Lockport, Kenmore East (Kenmore East)	5:30 PM		North Tonawanda High School Pool		L
Feb 6, 2023	Mon	Regular Season	Lewiston Porter @ Lockport	5:30 PM		Lockport High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM L
Feb 8, 2023	Wed	Regular Season	Lewiston Porter	5:30 PM		North Tonawanda High School Pool		L
Feb 13, 2023	Mon	Regular Season	Niagara Falls, Lockport, Kenmore West @ Kenmore East (Kenmore East)	5:00 PM	6:30 PM	Kenmore East High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM L
Feb 16, 2023	Thu	Regular Season (Rescheduled from 2/15)	@ Niagara Falls	5:30 PM		Niagara Falls High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM L

Date: 2026-02-03