



North Tonawanda

(G) 7/8TH Swimming/Diving (Boys/Girls Modified Swim)

Coaches:

- Julia Helfman

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 22, 2020	Wed	Regular Season	@ Niagara Wheatfield	5:00 PM		Niagara Wheatfield High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM L
Jan 27, 2020	Mon	Regular Season	@ Kenmore West	5:00 PM		Kenmore West High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:55 PM L
Jan 29, 2020	Wed	Regular Season (Ken East, Nia Falls @ NT)	Kenmore East (Kenmore East)	5:00 PM		North Tonawanda High School Pool		L
Feb 3, 2020	Mon	Regular Season	Lockport	5:00 PM		North Tonawanda High School Pool		L
Feb 5, 2020	Wed	Regular Season	@ Lewiston Porter	5:00 PM		Lewiston Porter High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM L
Feb 10, 2020	Mon	Regular Season (Nia Wheatfield, Ken West @ NT)	Niagara Wheatfield	5:00 PM		North Tonawanda High School Pool		L
Feb 12, 2020	Wed	Regular Season	@ Niagara Falls	5:00 PM		Niagara Falls High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:50 PM L

Date: 2026-02-03