



North Tonawanda

(B) V Winter Track

Coaches:

- Brenda Perrella, Head Coach
- Chris Heyer, Asst Coach
- Steven Horton, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Dec 3, 2022	Sat	Regular Season	@ TBD	3:00 PM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 12:15 PM	L
Dec 10, 2022	Sat	Regular Season	@ TBD	3:00 PM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 12:15 PM	L
CANCELLED Dec 16, 2022	Fri	Regular Season	@ TBD	5:30 PM		Buffalo State College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 4:00 PM	L
CANCELLED Dec 17, 2022	Sat	Regular Season	@ TBD	3:00 PM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 12:15 PM	L
CANCELLED Dec 28, 2022	Wed	Regular Season (Meet/Competition)	@ TBD	10:00 AM		TBD	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 6:45 AM	L
Jan 7, 2023	Sat	Regular Season	@ TBD	10:00 AM		Buffalo State College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 8:30 AM	L
CANCELLED Jan 14, 2023	Sat	Regular Season	@ TBD	9:00 AM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 6:15 AM	L
Jan 14, 2023	Sat	Regular Season	@ TBD	9:00 AM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 6:15 AM	L
Jan 20, 2023	Fri	Regular Season (Varsity Select #1)	@ TBD	5:30 PM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 28, 2023	Sat	Regular Season	@ TBD	10:00 AM		Buffalo State College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 8:30 AM	L
CANCELLED Jan 28, 2023	Sat	Regular Season	@ TBD	10:00 AM		Lancaster High School	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 8:30 AM	L
Feb 3, 2023	Fri	Regular Season (Varsity Select #2)	@ TBD	5:30 PM		Buffalo State College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 4:00 PM	L
CANCELLED Feb 4, 2023	Sat	Regular Season	@ TBD	10:00 AM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 7:15 AM	L
Feb 11, 2023	Sat	Regular Season (Team Champs)	@ TBD	9:00 AM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 6:15 AM	L
Feb 19, 2023	Sun	Regular Season (Sectionals)	@ TBD	10:00 AM		Houghton College	Bus/Driver: School	Departure Point: Alumni Center area (outside the weight room) Departure Time: 7:15 AM	L

Date: 2025-12-18