



North Tonawanda

(G) V Cross Country

Coaches:

- Nick Kraus

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2025	Sat	Regular Season (Practice)	@ TBD	8:30 AM	10:30 AM	Beaver Island State Park	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:00 AM	NL
Sep 9, 2025	Tue	Scrimmage	@ Lewiston Porter	5:00 PM		Lewiston Porter High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
Sep 16, 2025	Tue	Scrimmage	@ Tonawanda	5:00 PM		Beaver Island State Park	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM	NL
Sep 20, 2025	Sat	Regular Season (Invitational)	@ East Aurora	10:10 AM		East Aurora High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:30 AM	NL
Sep 23, 2025	Tue	Regular Season	@ Kenmore East	5:00 PM		Beaver Island State Park	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM	L
Sep 30, 2025	Tue	Regular Season	Grand Island @ Niagara Falls	5:00 PM		Beaver Island State Park	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM	L
Oct 4, 2025	Sat	Practice	N/A	8:30 AM	10:30 AM	Lewiston-Porter CSD, Cross Country Trail	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:00 AM	
Oct 7, 2025	Tue	Regular Season	Lewiston Porter @ Niagara Wheatfield	5:00 PM		Lewiston-Porter CSD, Cross Country Trail	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM	L
Oct 11, 2025	Sat	Regular Season (Invitational)	@ Alden	1:00 PM		Alden High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 10:45 AM	NL
Oct 14, 2025	Tue	Regular Season	Lockport @ Kenmore West	5:00 PM		Beaver Island State Park	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM	L
Oct 25, 2025	Sat	Post-Season (NFL Meet)	@ Lewiston Porter	10:00 AM		Lewiston-Porter CSD, Cross Country Trail	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:30 AM	L
Oct 31, 2025	Fri	Post-Season (Sectionals)	@ TBD	11:30 AM		Elma Meadows Golf Club, 1711 Girdle Rd, Elma	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:45 AM Return Date: Return Time: 2:15 PM	L

Date: 2025-12-17