



North Tonawanda

(G) V Cross Country

Coaches:

- Nick Kraus

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Sep 10, 2024	Tue	Scrimmage	@ Lewiston Porter	5:00 PM		Lewiston-Porter CSD, Cross Country Trail	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM L
Sep 14, 2024	Sat	Regular Season (Invitational)	@ TBD	10:30 AM		Veterans Park-Grand Island	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 9:00 PM NL
Sep 21, 2024	Sat	Regular Season (Invitational)	@ East Aurora	9:30 AM		East Aurora High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 7:45 AM NL
Sep 24, 2024	Tue	Regular Season	Niagara Wheatfield @ Niagara Falls	5:00 PM		Beaver Island State Park	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM L
Oct 1, 2024	Tue	Regular Season	Kenmore East @ Lewiston Porter	5:00 PM		Lewiston Porter High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:30 PM L
Oct 8, 2024	Tue	Regular Season	Charter School Applied Technologies, Buffalo @ Lockport	5:00 PM		Bond Lake	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM L
Oct 15, 2024	Tue	Regular Season	Grand Island @ Kenmore West	5:00 PM		Bond Lake	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 3:45 PM L
Oct 26, 2024	Sat	Post-Season (NFL Meet)	@ Lewiston Porter	1:00 PM		Lewiston Porter High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 11:30 AM L
Nov 1, 2024	Fri	Post-Season (Sectionals)	@ East Aurora	10:30 PM		East Aurora High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:15 AM NL

Date: 2026-02-02