



North Tonawanda

(B) V Cross Country

Coaches:

- Nick Kraus

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2022	Tue	Scrimmage	@ TBD	4:30 PM		Lewiston-Porter CSD, Cross Country Trail	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:45 PM	L
Sep 28, 2022	Wed	Regular Season (Bond Lake 2)	Charter School Applied Technologies, Buffalo, Kenmore East	5:00 PM		Bond Lake	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:45 PM	L
Oct 4, 2022	Tue	Regular Season	Lewiston Porter @ Niagara Wheatfield	5:00 PM		Lewiston-Porter CSD, Cross Country Trail	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:45 PM	L
Oct 11, 2022	Tue	Regular Season (Bond Lake 2)	Lockport, Kenmore West	5:00 PM		Bond Lake	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:45 PM	L
Oct 18, 2022	Tue	Regular Season (Bond Lake 2)	Niagara Falls @ Grand Island	5:00 PM		Bond Lake	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:45 PM	L
Oct 29, 2022	Sat	Regular Season (NFL Meet)	Lewiston Porter	1:00 PM		Lewiston-Porter CSD, Cross Country Trail	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 12:00 PM	L
Nov 4, 2022	Fri	Regular Season (Sectionals @ Alden High School)	@ Alden	TBD		Alden High School	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 9:30 AM	L

Date: 2025-12-13