



North Tonawanda

(B) V Cross Country

Coaches:

- Nick Kraus

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2021	Tue	Scrimmage	@ TBD	4:30 PM		Beaver Island State Park	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:45 PM	L
Sep 29, 2021	Wed	Regular Season	@ Niagara Wheatfield	4:30 PM		Niagara Wheatfield High School	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:45 PM	L
Oct 5, 2021	Tue	Regular Season	@ Lockport	4:30 PM		Bond Lake	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:30 PM	L
Oct 9, 2021	Sat	Regular Season	@ Alden	10:00 AM		Alden High School	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 8:15 AM	L
Oct 12, 2021	Tue	Regular Season	@ Kenmore West	4:30 PM		Bond Lake	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:30 PM	L
Oct 19, 2021	Tue	Regular Season	@ Lewiston Porter	4:30 PM		Lewiston-Porter CSD, Cross Country Trail	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 3:30 PM	L
Oct 30, 2021	Sat	Post-Season	@ TBD	TBD		TBD	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 11:00 AM	L
Nov 5, 2021	Fri	Regular Season (Sectionals @ Knox Farm Park)	@ TBD	10:00 AM		Knox Park, East Aurora	Bus/Driver: School	Departure Point: Front of HS	L

Date: 2025-12-15