



North Tonawanda

(G) V Cheerleading (Winter)

Coaches:

- Hawkins Alyssa

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 12, 2019	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Nov 13, 2019	Wed	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM		Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Nov 14, 2019	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Nov 15, 2019	Fri	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Nov 18, 2019	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Nov 19, 2019	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Nov 21, 2019	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Nov 22, 2019	Fri	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Nov 25, 2019	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Nov 26, 2019	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Dec 2, 2019	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Dec 3, 2019	Tue	Regular Season	Newfane	7:00 PM		North Tonawanda High School New Gym			L
Dec 5, 2019	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Dec 6, 2019	Fri	Regular Season	@ Kenmore West (Fall)	6:30 PM		Kenmore West High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM	L
Dec 9, 2019	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	

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Dec 10, 2019	Tue	Regular Season	Starpoint	7:00 PM		North Tonawanda High School New Gym			L
Dec 12, 2019	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Dec 13, 2019	Fri	Regular Season	@ Niagara Wheatfield	6:30 PM		Niagara Wheatfield High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:30 PM	L
Dec 16, 2019	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Dec 17, 2019	Tue	Regular Season	Niagara Falls	7:00 PM		North Tonawanda High School New Gym			L
Dec 19, 2019	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Dec 20, 2019	Fri	Regular Season	@ Lockport	6:30 PM		Lockport High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM	L
Jan 2, 2020	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Jan 3, 2020	Fri	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Jan 6, 2020	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Jan 7, 2020	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Jan 9, 2020	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Jan 10, 2020	Fri	Regular Season	Grand Island	7:00 PM		North Tonawanda High School New Gym			L
Jan 12, 2020	Sun	Regular Season (Quaker Cheer Challenge Competition)	@ Orchard Park	1:00 PM		Orchard Park High School	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 11:00 AM Return Date: Return Time: 2:15 PM	L
Jan 13, 2020	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Jan 14, 2020	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			

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CANCELLED Jan 14, 2020	Tue	Regular Season	@ Lewiston Porter	7:00 PM		Lewiston Porter High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:30 PM	L
Jan 16, 2020	Thu	Regular Season	@ Kenmore East	7:30 PM		Kenmore East High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 5:00 PM	L
Jan 17, 2020	Fri	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Jan 18, 2020	Sat	Regular Season (NTHS 5th Annual Winter Cheer-Off)	TBD	8:00 AM	3:00 PM	North Tonawanda High School New Gym			L
Jan 21, 2020	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Jan 23, 2020	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Jan 24, 2020	Fri	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Jan 25, 2020	Sat	Regular Season (NFL League Championship)	@ Niagara Wheatfield	9:00 AM		Niagara Wheatfield High School	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 7:45 AM Return Date: Return Time: 11:00 AM	L
Jan 27, 2020	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Jan 28, 2020	Tue	Regular Season	Charter School Applied Technologies, Buffalo	7:00 PM		North Tonawanda High School New Gym			L
Jan 30, 2020	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Jan 31, 2020	Fri	Regular Season	Kenmore West (Winter)	7:00 PM		North Tonawanda High School New Gym			L
CANCELLED Feb 3, 2020	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Feb 3, 2020	Mon	Regular Season	@ Tonawanda	6:30 PM		Tonawanda High School	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 4:15 PM	L
Feb 4, 2020	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			

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Feb 5, 2020	Wed	Practice (Combined Varsity Practice - NT, Tona, Ken East/West)	N/A	6:00 PM	8:00 PM	Tonawanda High School	Bus/Driver: School	Departure Point: front of high school Departure Time: 5:15 PM Return Date: Return Time: 8:00 PM	
Feb 6, 2020	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Feb 7, 2020	Fri	Regular Season (NT Senior Night)	Niagara Wheatfield	7:00 PM		North Tonawanda High School New Gym			L
Feb 9, 2020	Sun	Regular Season (Section VI)	@ Starpoint	9:00 AM		Starpoint High School	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 7:45 AM Return Date: Return Time: 11:30 AM	L
Feb 10, 2020	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
CANCELLED Feb 11, 2020	Tue	Regular Season	@ Niagara Falls	6:30 PM		Niagara Falls High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM	L
Feb 13, 2020	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Feb 14, 2020	Fri	Regular Season	Lockport	7:00 PM		North Tonawanda High School New Gym			L
CANCELLED Feb 18, 2020	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
Feb 18, 2020	Tue	Regular Season (Boys Basketball NFL Crossover Game)	@ Charter School Applied Technologies, Buffalo	6:30 PM		CSAT Middle School, 24 Shoshone Street	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:15 PM	L
Feb 20, 2020	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
CANCELLED Feb 21, 2020	Fri	Regular Season	West Seneca East HS	7:00 PM		North Tonawanda High School New Gym			L
CANCELLED Feb 24, 2020	Mon	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
CANCELLED Feb 25, 2020	Tue	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			
CANCELLED Feb 27, 2020	Thu	Practice (JV & Varsity Winter Cheer Practice)	N/A	4:30 PM	6:00 PM	Intermediate Gymnasium			

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CANCELLED Feb 28, 2020	Fri	Practice (JV & Varsity Winter Cheer Practice)	N/A	3:30 PM	5:30 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: front of high school Departure Time: 2:50 PM	
Feb 28, 2020	Fri	Regular Season (Basketball Sectional Quarter Finals)	TBD	7:00 PM		North Tonawanda High School New Gym			L
Mar 2, 2020	Mon	Regular Season (Basketball Sectional Semi Finals)	@ TBD	7:45 PM		Buffalo State College	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 6:45 PM	L
Mar 7, 2020	Sat	Regular Season (Basketball Finals at Buff State)	@ TBD	8:30 PM		Buffalo State College	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 7:45 PM	L
Mar 10, 2020	Tue	Regular Season (Boys Basketball @ Buffalo State College)	@ TBD	8:15 PM		Buffalo State College	Bus/Driver: School	Departure Point: Front of HS Flag Pole Departure Time: 7:30 PM	L

Date: 2026-02-02