



# North Tonawanda

## (G) V Cheerleading (Winter)

### Coaches:

- Hawkins Alyssa

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 5, 2018	Mon	Practice	N/A	4:45 PM	6:30 PM	Intermediate Gymnasium		
Nov 6, 2018	Tue	Practice	N/A	3:15 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:00 PM
Nov 8, 2018	Thu	Practice	N/A	3:15 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:00 PM
Nov 9, 2018	Fri	Practice	N/A	3:15 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:00 PM
Nov 13, 2018	Tue	Practice	N/A	4:45 PM	6:30 PM	Intermediate Gymnasium		
Nov 15, 2018	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
Nov 16, 2018	Fri	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
Nov 19, 2018	Mon	Practice	N/A	4:45 PM	6:30 PM	Intermediate Gymnasium		
CANCELLED Nov 20, 2018	Tue	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
Nov 26, 2018	Mon	Practice	N/A	4:45 PM	6:30 PM	Intermediate Gymnasium		
Nov 27, 2018	Tue	Practice	N/A	4:45 PM	6:30 PM	Intermediate Gymnasium		
Nov 29, 2018	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
Nov 30, 2018	Fri	Regular Season (Jolley Boys Showcase - vs. Maryvale)	@ Amherst	5:45 PM		Amherst High School		Departure Point: Alumni Center Departure Time: 4:00 PM L
Dec 3, 2018	Mon	Practice	N/A	4:45 PM	6:30 PM	Intermediate Gymnasium		
Dec 4, 2018	Tue	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
CANCELLED Dec 5, 2018	Wed	Regular Season (Daemen College Al Pastor Showcase)	@ Clarence	8:30 PM		Daemen College		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 6, 2018	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Dec 7, 2018	Fri	Regular Season	Kenmore West (Fall)	7:00 PM		North Tonawanda High School New Gym			L
Dec 10, 2018	Mon	Practice	N/A	4:45 PM	6:30 PM	Intermediate Gymnasium			
Dec 11, 2018	Tue	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Dec 13, 2018	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Dec 14, 2018	Fri	Regular Season	Niagara Wheatfield	7:00 PM		North Tonawanda High School New Gym			L
Dec 17, 2018	Mon	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Dec 18, 2018	Tue	Regular Season	@ Niagara Falls	6:30 PM		Niagara Falls High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM	L
Dec 20, 2018	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Dec 21, 2018	Fri	Regular Season	Lockport	7:00 PM		North Tonawanda High School New Gym			L
Dec 27, 2018	Thu	Practice	N/A	9:00 AM	11:00 AM	Intermediate Gymnasium			
Dec 28, 2018	Fri	Practice	N/A	9:00 AM	11:00 AM	Intermediate Gymnasium			
Jan 3, 2019	Thu	Regular Season	St. Mary's School, Lancaster	7:00 PM		North Tonawanda High School New Gym			L
Jan 4, 2019	Fri	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Jan 7, 2019	Mon	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Jan 8, 2019	Tue	Regular Season	Lewiston Porter	7:00 PM		North Tonawanda High School New Gym			L
Jan 10, 2019	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 11, 2019	Fri	Regular Season	@ Grand Island	6:30 PM		Grand Island High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 5:30 PM	L
Jan 14, 2019	Mon	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Jan 15, 2019	Tue	Regular Season	Kenmore East	7:00 PM		North Tonawanda High School New Gym			L
Jan 17, 2019	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Jan 18, 2019	Fri	Regular Season	@ Charter School Applied Technologies, Buffalo	6:30 PM		CSAT Middle School, 24 Shoshone Street	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:00 PM	L
Jan 19, 2019	Sat	Regular Season (NTHS 4th Annual Winter Cheer-Off)	TBD	8:00 AM	3:00 PM	North Tonawanda High School New Gym, North Tonawanda High School Upstairs Gym			L
Jan 22, 2019	Tue	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Jan 24, 2019	Thu	Regular Season	@ Kenmore West (Winter)	7:00 PM		Kenmore West High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:30 PM	L
Jan 25, 2019	Fri	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium			
Jan 26, 2019	Sat	Regular Season (NFL Competition)	@ Lockport	TBD		Lockport High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 8:30 AM	L
Jan 27, 2019	Sun	Regular Season (Competition)	@ TBD	TBD		Fredonia State College	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 7:00 AM	L
Jan 28, 2019	Mon	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Jan 29, 2019	Tue	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
CANCELLED Feb 1, 2019	Fri	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM	
Feb 3, 2019	Sun	Post-Season (Sectionals (Varsity Only))	@ Starpoint	12:00 PM		Starpoint High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 10:30 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Feb 4, 2019	Mon	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
Feb 5, 2019	Tue	Regular Season	Niagara Falls	7:00 PM		North Tonawanda High School New Gym		L
Feb 7, 2019	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
CANCELLED Feb 11, 2019	Mon	Regular Season	@ Starpoint	7:00 PM		Starpoint High School	Bus/Driver: School	Departure Point: Alumni Center Departure Time: 4:30 PM
CANCELLED Feb 12, 2019	Tue	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
Feb 13, 2019	Wed	Post-Season	Charter School Applied Technologies, Buffalo	7:00 PM		North Tonawanda High School New Gym		L
CANCELLED Feb 14, 2019	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
Feb 15, 2019	Fri	Regular Season	Tonawanda	7:00 PM		North Tonawanda High School New Gym		L
CANCELLED Feb 19, 2019	Tue	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
CANCELLED Feb 21, 2019	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
CANCELLED Feb 22, 2019	Fri	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
CANCELLED Feb 25, 2019	Mon	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
CANCELLED Feb 26, 2019	Tue	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM
CANCELLED Feb 28, 2019	Thu	Practice	N/A	3:30 PM	5:45 PM	Intermediate Gymnasium	Bus/Driver: School	Departure Point: HS Flag Pole Departure Time: 3:15 PM

Date: 2026-02-02