



# General Brown

## (G) MOD7/8/9 Cross Country

### Coaches:

- Andrea Swan, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 3, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 4, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 5, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 8, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 9, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 10, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 11, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 12, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 15, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 16, 2025	Tue	Regular Season	Thousand Islands @ Watertown	5:00 PM		Wiley Intermediate School Wiley Trails	Departure Time: 3:15 PM	L
Sep 17, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 19, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 22, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 23, 2025	Tue	Regular Season	Sandy Creek, Indian River	5:00 PM	5:30 PM	GBHS Trail		L
Sep 24, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 25, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 26, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 29, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Sep 30, 2025	Tue	Regular Season	South Jefferson @ Carthage	5:00 PM	7:30 PM	Carthage High School		L
Oct 1, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 2, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 3, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 6, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 7, 2025	Tue	Regular Season	South Lewis @ Beaver River	5:00 PM		Beaver River HS		L
Oct 8, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 9, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 10, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 10, 2025	Fri	Regular Season	Gouverneur	4:00 PM	5:00 PM	GBHS Trail		NL
Oct 13, 2025	Mon	Practice	N/A	5:30 PM	7:00 PM	General Brown High		
Oct 14, 2025	Tue	Regular Season (Frontier League Championship)	Watertown, Sandy Creek, Thousand Islands, Indian River, South Lewis, South Jefferson, Carthage @ Beaver River	3:00 PM	6:30 PM	Beaver River HS	<b>Departure Time: 1:00 PM</b>	L
Oct 15, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 16, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 17, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
Oct 20, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	General Brown High School		
CANCELLED Oct 21, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	General Brown High		

Date: 2026-01-08