



General Brown

(G) MOD7/8/9 Cross Country

Coaches:

- Andrea Swan, Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|-----------------------------------|-------------------------------|------------|----------|--|--------------------------------|---------------------|
| Sep 6, 2022 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 7, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 8, 2022 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 9, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 10, 2022 | Sat | Practice (Cross Country Practice) | N/A | 9:00 AM | 10:00 PM | GBHS Fisher Field | | |
| Sep 12, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 13, 2022 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 14, 2022 | Wed | Regular Season | South Lewis @ South Jefferson | 4:30 PM | | SJ HS/MS - Cross Country Course | Departure Time: 3:00 PM | L |
| Sep 15, 2022 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 16, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| CANCELLED Sep 19, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 20, 2022 | Tue | Regular Season | Sandy Creek @ Indian River | 4:30 PM | | Indian River M.S. Cross Country Course | Departure Time: 3:00 PM | L |
| Sep 21, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 22, 2022 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| CANCELLED Sep 23, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 26, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 27, 2022 | Tue | Regular Season | Thousand Islands @ Watertown | 2:45 PM | | Watertown H S | Departure Time: 2:45 PM | L |
| Sep 28, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Sep 29, 2022 | Thu | Practice | N/A | 3:00 PM | 4:00 PM | GBHS Parking Lot | | |
| Sep 30, 2022 | Fri | Practice | N/A | 3:00 PM | 4:00 PM | GBHS Parking Lot | | |
| Oct 3, 2022 | Mon | Practice | N/A | 3:00 PM | 4:00 PM | GBHS Parking Lot | | |
| Oct 4, 2022 | Tue | Regular Season | Carthage @ Beaver River | 4:30 PM | | Beaver River H S | Departure Time: 3:00 PM | L |
| Oct 5, 2022 | Wed | Practice | N/A | 3:00 PM | 4:00 PM | GBHS Parking Lot | | |
| Oct 6, 2022 | Thu | Practice | N/A | 3:00 PM | 4:00 PM | GBHS Parking Lot | | |
| Oct 7, 2022 | Fri | Practice | N/A | 3:00 PM | 4:00 PM | GBHS Parking Lot | | |

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| CANCELLED Oct 10, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | GBHS Parking Lot | | |
| Oct 11, 2022 | Tue | Regular Season (Frontier League Championship) | South Jefferson, Thousand Islands, Carthage, Sandy Creek, Indian River, Watertown, Beaver River @ South Lewis | 4:00 PM | | South Lewis Cross Country Course | Departure Time: 1:30 PM | L |

Date: 2026-01-05