



General Brown (G) V Cross Country

Coaches:

- Mike Hartle

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Aug 18, 2025	Mon	Practice	N/A	8:00 AM	9:00 AM	GBHS Weight Room		
Aug 18, 2025	Mon	Practice	N/A	9:00 AM	9:30 AM	General Brown High		
Aug 19, 2025	Tue	Practice	N/A	8:00 AM	9:00 AM	GBHS Weight Room		
Aug 19, 2025	Tue	Practice	N/A	9:00 AM	9:30 AM	General Brown High		
Aug 20, 2025	Wed	Practice	N/A	8:00 AM	9:00 AM	GBHS Weight Room		
Aug 20, 2025	Wed	Practice	N/A	9:00 AM	9:30 AM	General Brown High		
Aug 21, 2025	Thu	Practice	N/A	8:00 AM	9:00 AM	GBHS Weight Room		
Aug 21, 2025	Thu	Practice	N/A	9:00 AM	9:30 AM	General Brown High		
Aug 22, 2025	Fri	Practice	N/A	8:00 AM	9:00 AM	GBHS Weight Room		
Aug 22, 2025	Fri	Practice	N/A	9:00 AM	9:30 AM	General Brown High		
Aug 25, 2025	Mon	Practice	N/A	8:00 AM	9:00 AM	GBHS Weight Room		
Aug 25, 2025	Mon	Practice	N/A	9:00 AM	9:30 AM	General Brown High		
Aug 26, 2025	Tue	Practice	N/A	8:00 AM	9:00 AM	GBHS Weight Room		
Aug 26, 2025	Tue	Practice	N/A	9:00 AM	9:30 AM	General Brown High		
Aug 27, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Aug 27, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Aug 28, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Aug 28, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Aug 29, 2025	Fri	Practice	N/A	8:00 AM	9:00 AM	GBHS Weight Room		
Aug 29, 2025	Fri	Practice	N/A	9:00 AM	9:30 AM	General Brown High		
Sep 2, 2025	Tue	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 2, 2025	Tue	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 3, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High School		
Sep 3, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 4, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 4, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2025	Fri	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 5, 2025	Fri	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 8, 2025	Mon	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 8, 2025	Mon	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 9, 2025	Tue	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 9, 2025	Tue	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 10, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High		
Sep 10, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 11, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 11, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 12, 2025	Fri	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 12, 2025	Fri	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 15, 2025	Mon	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 15, 2025	Mon	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 16, 2025	Tue	Regular Season	Thousand Islands @ Watertown	5:00 PM		Wiley Intermediate School Wiley Trails	Departure Time: 3:15 PM	L
Sep 17, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High School		
Sep 17, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 18, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 19, 2025	Fri	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 19, 2025	Fri	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 22, 2025	Mon	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 22, 2025	Mon	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 23, 2025	Tue	Regular Season	Sandy Creek, Indian River	5:30 PM	6:00 PM	General Brown High School		L
Sep 24, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High School		
Sep 24, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 25, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 25, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		

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Sep 26, 2025	Fri	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 26, 2025	Fri	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 29, 2025	Mon	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Sep 29, 2025	Mon	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Sep 30, 2025	Tue	Regular Season	South Jefferson @ Carthage	5:00 PM		Carthage High School		L
Oct 1, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High School		
Oct 1, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 2, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 2, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 3, 2025	Fri	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 3, 2025	Fri	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 6, 2025	Mon	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 6, 2025	Mon	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 7, 2025	Tue	Regular Season	South Lewis @ Beaver River	5:00 PM		Beaver River HS		L
Oct 8, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High School		
Oct 8, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 9, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 9, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 10, 2025	Fri	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 10, 2025	Fri	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 10, 2025	Fri	Regular Season	Gouverneur	5:00 PM	6:00 PM	GBHS Trail		L
Oct 13, 2025	Mon	Practice	N/A	5:30 PM	7:00 PM	General Brown High		
Oct 14, 2025	Tue	Regular Season (Frontier League Meet)	Carthage, Sandy Creek, Thousand Islands, Watertown, South Lewis, South Jefferson, Indian River @ Beaver River	3:00 PM		Beaver River HS	Departure Time: 1:00 PM	L
Oct 15, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High School		
Oct 15, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 16, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 16, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		

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Oct 17, 2025	Fri	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 17, 2025	Fri	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 20, 2025	Mon	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 20, 2025	Mon	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
CANCELLED Oct 21, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	General Brown High		
Oct 22, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High School		
Oct 22, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 23, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 23, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
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Oct 28, 2025	Tue	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 28, 2025	Tue	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
CANCELLED Oct 29, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	General Brown High School		
CANCELLED Oct 29, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 30, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Oct 30, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High		
Oct 31, 2025	Fri	Practice	N/A	10:40 AM	12:00 PM	General Brown High		
Nov 3, 2025	Mon	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Nov 3, 2025	Mon	Practice	N/A	3:45 PM	4:30 PM	General Brown High School		
Nov 4, 2025	Tue	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Nov 4, 2025	Tue	Practice	N/A	3:45 PM	4:30 PM	General Brown High School		
Nov 5, 2025	Wed	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Nov 5, 2025	Wed	Practice	N/A	3:45 PM	4:30 PM	General Brown High School		
Nov 6, 2025	Thu	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		
Nov 6, 2025	Thu	Practice	N/A	3:45 PM	4:30 PM	General Brown High School		
Nov 7, 2025	Fri	Practice	N/A	3:00 PM	3:45 PM	GBHS Weight Room		

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Nov 7, 2025	Fri	Practice	N/A	3:45 PM	4:30 PM	General Brown High School		

Date: 2026-05-02