

Coaches:

- Mike Hartle
- Joseph Jewett

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Nov 14, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Nov 15, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Nov 16, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Nov 17, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Nov 18, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room	
Nov 20, 2023	Mon	Practice	N/A	1:00 PM	3:00 PM	GBHS Weight Room	
Nov 21, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	GBHS Weight Room	
Nov 22, 2023	Wed	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room	
Nov 24, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room	
Nov 25, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Weight Room	
Nov 27, 2023	Mon	Practice	N/A	2:45 PM	4:00 PM	GBHS Weight Room	
Nov 28, 2023	Tue	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Nov 30, 2023	Thu	Practice	N/A	2:45 PM	4:00 PM	GBHS Weight Room	
Dec 1, 2023	Fri	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Dec 4, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Dec 5, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Dec 6, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Dec 7, 2023	Thu	Practice	N/A	2:45 PM	4:15 PM	GBHS Weight Room	
Dec 8, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Dec 11, 2023	Mon	Practice	N/A	4:15 PM	6:30 PM	GBHS Weight Room	
Dec 12, 2023	Tue	Practice	N/A	4:15 PM	6:30 PM	GBHS Weight Room	
Dec 13, 2023	Wed	Practice	N/A	4:15 PM	6:30 PM	GBHS Weight Room	
Dec 14, 2023	Thu	Practice	N/A	4:15 PM	6:30 PM	GBHS Weight Room	
Dec 15, 2023	Fri	Practice	N/A	4:15 PM	6:30 PM	GBHS Weight Room	
Dec 18, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	TBD	
Dec 19, 2023	Tue	Regular Season	Phoenix, Baldwinsville	6:00 PM	7:30 PM	GBHS Main Gym	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	GBHS Weight Room		
Dec 21, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	GBHS Weight Room		
Jan 2, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 3, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 4, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 5, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 8, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 9, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	GBHS Weight Room		
Jan 10, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	GBHS Weight Room		
Jan 11, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	GBHS Weight Room		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	GBHS Weight Room		
Jan 16, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	GBHS Weight Room		
Jan 18, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	GBHS Weight Room		
Jan 19, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	GBHS Weight Room		
Jan 22, 2024	Mon	Practice	N/A	5:00 PM	6:30 PM	GBHS Weight Room		
Jan 23, 2024	Tue	Practice	N/A	5:00 PM	6:30 PM	GBHS Weight Room		
Jan 24, 2024	Wed	Practice	N/A	5:00 PM	6:30 PM	GBHS Weight Room		
Jan 25, 2024	Thu	Practice	N/A	5:00 PM	6:30 PM	GBHS Weight Room		

Date: 2024-06-03