

Coaches:

Alan Rawleigh, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 15, 2022	Tue	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 16, 2022	Wed	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 17, 2022	Thu	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
CANCELLED Nov 18, 2022	Fri	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 20, 2022	Sun	Practice	N/A	3:00 PM	5:00 PM	GBHS Weight Room		
Nov 21, 2022	Mon	Practice (Boys JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 22, 2022	Tue	Practice (Boys JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 23, 2022	Wed	Practice (Boys JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 25, 2022	Fri	Practice (Boys JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 28, 2022	Mon	Practice (Boys JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
CANCELLED Nov 29, 2022	Tue	Practice (Boys JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Nov 29, 2022	Tue	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 1, 2022	Thu	Practice (Boys JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
CANCELLED Dec 2, 2022	Fri	Practice (Boys JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 2, 2022	Fri	Scrimmage	Carthage, South Jefferson	5:00 PM	9:00 PM	Dexter Elem Gym		NL
Dec 5, 2022	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Dec 6, 2022	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 7, 2022	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		

	WEEK		START END	LEAGUE
DATE	WEEK DAY TYPE	OPPONENTS	TIME TIME LOCATION	N TRANSPORTATION / NON-
	DAT		THRE THRE	LEAGUE

Dec 8, 2022	Thu	Practice	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 8, 2022	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	6:00 PM	8:00 PM	GBHS Weight Room		
Dec 9, 2022	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	6:00 PM	8:00 PM	GBHS Weight Room		
Dec 12, 2022	Mon	Regular Season	Beaver River	6:00 PM		GBHS Main Gym		L
Dec 13, 2022	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 14, 2022	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 15, 2022	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 16, 2022	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 17, 2022	Sat	Regular Season (Blindmen's Invitational Wrestling Tournament.)	@ Cicero-North Syracuse	9:15 AM	5:45 PM	CNS HS- Main Gym	Departure Time: 6:00 AM	L
Dec 19, 2022	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 20, 2022	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 21, 2022	Wed	Regular Season	Sandy Creek @ South Jefferson			SJ HS/MS Gym 2 (HS)	Departure Time: 4:45 PM	L
Dec 22, 2022	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Dec 27, 2022	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	5:00 PM	7:00 PM	GBHS Weight Room		
Dec 28, 2022	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	8:00 AM	10:00 AM	GBHS Weight Room		
Dec 29, 2022	Thu	Regular Season (Annual Larry Brown JV Tournament @ Baldwinsville High School)	@ TBD	9:30 AM	3:00 PM	TBD	Departure Time: 7:00 AM	NL
Dec 30, 2022	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	8:00 AM	10:00 AM	GBHS Weight Room		
Jan 3, 2023	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 6, 2023	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 11, 2023	Wed	Regular Season	Indian River	6:30 PM		GBHS Main Gym		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 11, 2023	Wed	Regular Season	@ TBD	TBD		Cicero	Departure Time: 6:30 AM	NL
Jan 16, 2023	Mon	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 19, 2023	Thu	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 20, 2023	Fri	Practice (JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 23, 2023	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 25, 2023	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 26, 2023	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 27, 2023	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Jan 30, 2023	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Feb 1, 2023	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Feb 2, 2023	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		
Feb 3, 2023	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	4:00 PM	6:30 PM	GBHS Weight Room		

Date: 2025-12-18