

Coaches:

• Mike Hartle, Head Coach

| DATE | WEEK | TYPE | OPPONENTS | START | | LOCATION | TRANSPORTATION | LEAGUE I / NON- |
|--------------|------|------------------------------|----------------|------------------|------------------|--|--------------------------------|--------------------|
| | DAY | | | TIME 4:15 | TIME 6:00 | GBHS Weight | | LEAGUE |
| Nov 13, 2023 | Mon | Practice | N/A | PM | PM | Room | | |
| Nov 14, 2023 | Tue | Practice | N/A | 4:15 PM | 6:00 PM | GBHS Weight Room | | |
| Nov 15, 2023 | Wed | Practice | N/A | 4:15 PM | 6:00 PM | GBHS Weight Room | | |
| Nov 16, 2023 | Thu | Practice | N/A | 4:15 PM | 6:00 PM | GBHS Weight Room | | |
| Nov 17, 2023 | Fri | Practice | N/A | 4:15 PM | 6:00 PM | GBHS Weight Room | | |
| Nov 18, 2023 | Sat | Practice | N/A | 8:00 AM | 10:00 AM | GBHS Weight Room | | |
| Nov 20, 2023 | Mon | Practice | N/A | 1:00 PM | 3:00 PM | GBHS Weight Room | | |
| Nov 21, 2023 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | GBHS Weight Room | | |
| Nov 22, 2023 | Wed | Practice | N/A | 8:00 AM | 10:00 AM | GBHS Weight Room | | |
| Nov 24, 2023 | Fri | Practice | N/A | 8:00 AM | 10:00 AM | GBHS Weight Room | | |
| Nov 25, 2023 | Sat | Practice | N/A | 8:00 AM | 10:00 AM | GBHS Weight Room | | |
| Nov 27, 2023 | Mon | Practice | N/A | 4:00 PM | 6:00 PM | GBHS Weight Room | | |
| Nov 28, 2023 | Tue | Practice | N/A | 6:00 PM | 8:00 PM | GBHS Weight Room | | |
| Nov 29, 2023 | Wed | Practice | N/A | 6:00 PM | 8:00 PM | GBHS Weight Room | | |
| Nov 30, 2023 | Thu | Practice | N/A | 4:00 PM | 6:00 PM | GBHS Weight Room | | |
| Dec 1, 2023 | Fri | Practice | N/A | 6:00 PM | 8:00 PM | GBHS Weight Room | | |
| Dec 4, 2023 | Mon | Practice | N/A | 4:15 PM | 6:00 PM | GBHS Weight Room | | |
| Dec 5, 2023 | Tue | Regular Season | @ Indian River | 6:30 PM | 8:00 PM | Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side) | Departure Time: 5:00 PM | L |
| Dec 6, 2023 | Wed | Practice | N/A | 4:15 PM | 6:00 PM | GBHS Weight Room | | |
| Dec 7, 2023 | Thu | Regular Season | @ Beaver River | 6:30 PM | | Beaver River H S | Departure Time: 4:00 PM | L |
| Dec 8, 2023 | Fri | Practice | N/A | 4:15 PM | 6:00 PM | GBHS Weight Room | | |
| Dec 8, 2023 | Fri | Practice (GB Dual Setup) | N/A | 7:00 PM | 10:00 PM | GBHS Main Gym | | |
| | | | | | | | | |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|---|--|---------------|-------------|---|--------------------------------|----------------------------|
| Dec 9, 2023 | Sat | Regular Season (GB Duals) | Canton, Ogdensburg, Watertown, Beaver River, Camden | 7:30 AM | 9:00 PM | GBHS Main Gym, GBHS Cafeteria | | NL |
| Dec 11, 2023 | Mon | Practice | N/A | 4:15 PM | 6:30 PM | GBHS Weight Room | | |
| Dec 12, 2023 | Tue | Practice | N/A | 4:15 PM | 6:30 PM | GBHS Weight Room | | |
| Dec 13, 2023 | Wed | Regular Season | Copenhagen | 6:00 PM | | GBHS Main Gym, GBHS Cafeteria | | L |
| Dec 14, 2023 | Thu | Practice | N/A | 4:15 PM | 6:30 PM | GBHS Weight Room | | |
| Dec 15, 2023 | Fri | Meet (North Country Wrestling Invite Day 1) | Vs. Multiple | 4:00 PM | 10:00 PM | Indian River Middle School Gym #2 (Center), Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side) | Departure Time: 2:30 PM | NL |
| Dec 16, 2023 | Sat | Meet (North Country Wrestling Invite Day 2) | Vs. Multiple | 8:00 AM | 8:00 PM | Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side) | Departure Time: 7:30 AM | NL |
| Dec 18, 2023 | Mon | Practice | N/A | 4:15 PM | 6:00 PM | GBHS Weight Room | | |
| Dec 19, 2023 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |
| Dec 20, 2023 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | GBHS Weight Room | | |
| POSTPONED Dec 20, 2023 | Wed | Regular Season | Lowville | 6:00 PM | | GBHS Main Gym | | L |
| Dec 21, 2023 | Thu | Practice | N/A | 4:00 PM | 6:00 PM | GBHS Weight Room | | |
| Jan 2, 2024 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 3, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 4, 2024 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 4, 2024 | Thu | Regular Season 12-58 L | @ Carthage | 6:00 PM | | Carthage HS Gym | Departure Time: 4:30 PM | L |
| Jan 5, 2024 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 8, 2024 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 9, 2024 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 10, 2024 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 11, 2024 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | GBHS Weight Room | | |

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|---------------------------|-------------|--|---|---------------|-------------|--|--------------------------------|----------------------------|
| Jan 12, 2024 | Fri | Regular Season | Watertown | 6:00 PM | | GBHS Main Gym | | L |
| Jan 16, 2024 | Tue | Practice | N/A | 3:15 PM | 5:15 PM | GBHS Weight Room | | |
| Jan 17, 2024 | Wed | Practice | N/A | 3:15 PM | 5:15 PM | GBHS Weight Room | | |
| POSTPONED Jan 18, 2024 | Thu | Regular Season | South Jefferson | 6:00 PM | | GBHS Auxiliary Gym | | L |
| Jan 19, 2024 | Fri | Practice | N/A | 3:15 PM | 5:15 PM | GBHS Weight Room | | |
| Jan 20, 2024 | Sat | Regular Season (Frontier League Tournament) | Carthage, South Jefferson, Watertown, Indian River, Copenhagen, Lowville, South Lewis, Beaver River | 8:00 AM | 6:00 PM | GBHS Main Gym, GBHS Auxiliary Gym, GBHS Weight Room, GBHS Concession Stand | | L |
| Jan 22, 2024 | Mon | Practice | N/A | 3:15 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 23, 2024 | Tue | Regular Season | @ South Lewis | 6:30 PM | | South Lewis MS Gymnasium | Departure Time: 4:00 PM | L |
| Jan 24, 2024 | Wed | Practice | N/A | 3:15 PM | 5:30 PM | GBHS Weight Room | | |
| Jan 25, 2024 | Thu | Regular Season | Lowville | 6:00 PM | 7:30 PM | GBHS Main Gym | | L |
| Feb 3, 2024 | Sat | Post-Season (Section III Class C Championships) | Adirondack, Altmar-Parish- Williamstown (APW/Pulaski), Cazenovia, Hannibal, Holland Patent, Lowville, Phoenix, Tully (Southern Hills) @ Canastota | 10:00 AM | | High School Gym | Departure Time: 7:00 AM | NL |
| Feb 10, 2024 | Sat | Post-Season (Inter- Class Sectional Tournament @ OCC) | @ TBD | TBD | | Onondoga Community College | Departure Time: 7:00 AM | NL |

Date: 2025-12-19