



# General Brown (B) V Wrestling

## Coaches:

- Mike Hartle, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Nov 14, 2023	Tue	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Nov 15, 2023	Wed	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Nov 16, 2023	Thu	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Nov 17, 2023	Fri	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Nov 18, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	GBHS Weight Room	
Nov 20, 2023	Mon	Practice	N/A	1:00 PM	3:00 PM	GBHS Weight Room	
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	GBHS Weight Room	
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	GBHS Weight Room	
Nov 24, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	GBHS Weight Room	
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	GBHS Weight Room	
Nov 27, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	GBHS Weight Room	
Nov 28, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Nov 29, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Nov 30, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	GBHS Weight Room	
Dec 1, 2023	Fri	Practice	N/A	6:00 PM	8:00 PM	GBHS Weight Room	
Dec 4, 2023	Mon	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Dec 6, 2023	Wed	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Dec 8, 2023	Fri	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room	
Dec 8, 2023	Fri	Practice (GB Dual Setup )	N/A	7:00 PM	10:00 PM	GBHS Main Gym	
Dec 9, 2023	Sat	Regular Season (GB Duals )	Canton, Ogdensburg, Watertown, Beaver River, Camden	7:30 AM	9:00 PM	GBHS Main Gym, GBHS Cafeteria	NL
Dec 11, 2023	Mon	Practice	N/A	4:15 PM	6:30 PM	GBHS Weight Room	
Dec 12, 2023	Tue	Practice	N/A	4:15 PM	6:30 PM	GBHS Weight Room	
Dec 13, 2023	Wed	Regular Season	Copenhagen	6:00 PM		GBHS Main Gym, GBHS Cafeteria	L
Dec 14, 2023	Thu	Practice	N/A	4:15 PM	6:30 PM	GBHS Weight Room	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 18, 2023	Mon	Practice	N/A	4:15 PM	6:00 PM	GBHS Weight Room		
Dec 19, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	GBHS Weight Room		
POSTPONED Dec 20, 2023	Wed	Regular Season	Lowville	6:00 PM		GBHS Main Gym		L
Dec 21, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	GBHS Weight Room		
Jan 2, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 3, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 4, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 5, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 8, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 9, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 10, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 11, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	GBHS Weight Room		
Jan 12, 2024	Fri	Regular Season	Watertown	6:00 PM		GBHS Main Gym		L
Jan 16, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	GBHS Weight Room		
Jan 17, 2024	Wed	Practice	N/A	3:15 PM	5:15 PM	GBHS Weight Room		
POSTPONED Jan 18, 2024	Thu	Regular Season	South Jefferson	6:00 PM		GBHS Auxiliary Gym		L
Jan 19, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	GBHS Weight Room		
Jan 20, 2024	Sat	Regular Season (Frontier League Tournament )	Carthage, South Jefferson, Watertown, Indian River, Copenhagen, Lowville, South Lewis, Beaver River	8:00 AM	6:00 PM	GBHS Main Gym, GBHS Auxiliary Gym, GBHS Weight Room, GBHS Concession Stand		L
Jan 22, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	GBHS Weight Room		
Jan 24, 2024	Wed	Practice	N/A	3:15 PM	5:30 PM	GBHS Weight Room		
Jan 25, 2024	Thu	Regular Season	Lowville	6:00 PM	7:30 PM	GBHS Main Gym		L

Date: 2024-04-19