



General Brown (G) V Volleyball

Coaches:

- Carrie LaSage, Head Coach
- Melissa Ruscio, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	GBHS Main Gym		
Nov 18, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Nov 19, 2025	Wed	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 20, 2025	Thu	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 21, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Nov 22, 2025	Sat	Practice	N/A	7:30 AM	9:00 AM	GBHS Main Gym		
Nov 24, 2025	Mon	Practice	N/A	11:00 AM	12:00 PM	GBHS Weight Room		
Nov 25, 2025	Tue	Practice	N/A	7:00 PM	8:30 PM	GBHS Main Gym		
Nov 26, 2025	Wed	Scrimmage	@ Watertown	8:00 AM		Watertown Case M S	Departure Time: 7:00 AM	L
Nov 28, 2025	Fri	Practice	N/A	1:30 PM	3:00 PM	GBHS Main Gym		
Nov 29, 2025	Sat	Practice	N/A	7:30 AM	9:00 AM	GBHS Weight Room		
Nov 29, 2025	Sat	Practice	N/A	7:30 AM	9:00 AM	GBHS Main Gym		
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 2, 2025	Tue	Regular Season	Lowville	7:00 PM		GBHS Main Gym		L
Dec 3, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 3, 2025	Wed	Practice	N/A	4:30 PM	5:00 PM	GBHS Library		
Dec 4, 2025	Thu	Regular Season	@ South Jefferson	7:00 PM		SJ HS/MS Gym 1 (MS)	Departure Time: 4:15 PM	L
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	GBHS Weight Room		
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 6, 2025	Sat	Regular Season	South Lewis	11:00 AM	12:30 PM	GBHS Main Gym		NL
Dec 8, 2025	Mon	Regular Season	@ Pulaski	7:00 PM		Pulaski HS GYM	Departure Time: 4:00 PM	NL
Dec 9, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 9, 2025	Tue	Practice	N/A	4:30 PM	5:00 PM	GBHS Library		
Dec 11, 2025	Thu	Practice	N/A	5:00 PM	6:30 PM	GBHS Weight Room		
Dec 11, 2025	Thu	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Dec 12, 2025	Fri	Regular Season	Watertown	7:00 PM		GBHS Main Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2025	Mon	Regular Season	Beaver River	7:00 PM	9:00 PM	GBHS Main Gym		L
Dec 17, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 18, 2025	Thu	Regular Season	@ Lowville	7:30 PM		TBD	Departure Time: 4:30 PM	L
Dec 19, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 19, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	GBHS Weight Room		
Dec 20, 2025	Sat	Regular Season	Thousand Islands	12:30 PM	2:30 PM	GBHS Main Gym		NL
Dec 22, 2025	Mon	Practice	N/A	12:00 PM	1:30 PM	GBHS Main Gym		
Dec 23, 2025	Tue	Regular Season	@ Sandy Creek	2:00 PM		Sandy Creek MS/HS Gym	Departure Time: 11:15 AM	NL
Dec 26, 2025	Fri	Practice	N/A	11:00 AM	12:00 PM	GBHS Weight Room		
Dec 26, 2025	Fri	Practice	N/A	12:00 PM	1:00 PM	GBHS Library		
Dec 27, 2025	Sat	Practice	N/A	7:30 AM	9:00 AM	GBHS Main Gym		
Jan 2, 2026	Fri	Practice	N/A	9:00 AM	10:30 AM	GBHS Main Gym		
Jan 3, 2026	Sat	Regular Season	@ Thousand Islands	11:30 AM		Thousand Islands High School	Departure Time: 8:45 PM	L
Jan 6, 2026	Tue	Regular Season	South Jefferson	7:00 PM		GBHS Main Gym		L
Jan 10, 2026	Sat	Regular Season	Pulaski	12:30 PM	2:30 PM	GBHS Main Gym		NL
Jan 13, 2026	Tue	Regular Season	@ South Lewis	7:30 PM		South Lewis HS Gymnasium	Departure Time: 4:15 PM	L
Jan 16, 2026	Fri	Regular Season	Sandy Creek	7:00 PM		GBHS Main Gym		L
Jan 19, 2026	Mon	Regular Season	Carthage	11:30 AM		GBHS Main Gym		L
Jan 23, 2026	Fri	Regular Season (Senior Night)	@ Carthage	7:00 PM		Carthage HS Gym	Departure Time: 4:15 PM	L
Jan 26, 2026	Mon	Regular Season	@ Watertown	7:00 PM		Watertown H S	Departure Time: 4:00 PM	L

Date: 2025-12-20