

## Coaches:

- Carrie LaSage, Head Coach
- Melissa Ruscio, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 15, 2021	Mon	Practice	N/A	7:00 PM	8:30 PM	GBHS Main Gym		
Nov 16, 2021	Tue	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 17, 2021	Wed	Practice	N/A	4:00 PM	5:30 PM	GBHS Main Gym		
Nov 18, 2021	Thu	Practice	N/A	2:00 PM	3:30 PM	GBHS Main Gym		
Nov 19, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 20, 2021	Sat	Practice	N/A	9:30 AM	11:30 AM	GBHS Main Gym		
Nov 22, 2021	Mon	Practice	N/A	4:00 PM	5:30 PM	GBHS Main Gym		
Nov 23, 2021	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Auxiliary Gym		
Nov 24, 2021	Wed	Scrimmage	@ Watertown	8:30 AM	11:30 AM	Watertown H S	<b>Departure Time:</b> 7:00 AM	L
Nov 26, 2021	Fri	Practice	N/A	1:00 PM	3:00 PM	GBHS Main Gym		
Nov 27, 2021	Sat	Practice	N/A	7:30 AM	9:30 AM	GBHS Main Gym		
Nov 29, 2021	Mon	Practice	N/A	5:30 PM	7:00 PM	GBHS Main Gym		
Nov 30, 2021	Tue	Regular Season	@ Watertown	7:15 PM		Watertown H S	<b>Departure Time:</b> 4:30 PM	L
Dec 1, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Dec 2, 2021	Thu	Regular Season	South Jefferson	7:00 PM		GBHS Main Gym		L
Dec 3, 2021	Fri	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 4, 2021	Sat	Practice	N/A	7:30 AM	9:30 AM	GBHS Main Gym		
Dec 6, 2021	Mon	Regular Season 0-3 L	Carthage	7:00 PM		GBHS Main Gym		L
Dec 7, 2021	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 8, 2021	Wed	Regular Season	Thousand Islands	7:00 PM		GBHS Main Gym		NL
Dec 9, 2021	Thu	Practice	N/A	6:00 PM	7:30 PM	GBHS Auxiliary Gym		
Dec 10, 2021	Fri	Regular Season	Sandy Creek	7:15 PM		GBHS Main Gym		L
Dec 11, 2021	Sat	Regular Season (Falcons Kickoff Classic - Volleyball)	Mount Markham, New Hartford, Indian River, South Jefferson, Remsen, Town of Webb UFSD (Varsity Girls Volleyball), Whitesboro, Sandy Creek, Canastota @ South Lewis	10:00		South Lewis HS Gymnasium, South Lewis MS Gymnasium, South Lewis Elem Gymnasium	<b>Departure Time:</b> 8:00 AM	NL

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Dec 13, 2021	Mon	Regular Season	Lowville	7:00 PM		GBHS Main Gym		L
Dec 15, 2021	Wed	Practice	N/A	6:00 PM	7:30 PM	GBHS Auxiliary Gym		
Dec 16, 2021	Thu	Regular Season	Beaver River	7:15 PM		GBHS Main Gym		L
Dec 17, 2021	Fri	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 20, 2021	Mon	Regular Season	Indian River	7:15 PM		GBHS Main Gym		L
Dec 21, 2021	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 22, 2021	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Auxiliary Gym		
Dec 28, 2021	Tue	Practice	N/A	9:30 AM	11:00 AM	GBHS Main Gym		
Dec 29, 2021	Wed	Practice	N/A	8:00 AM	9:30 AM	GBHS Main Gym		
Dec 30, 2021	Thu	Practice	N/A	11:00 AM	12:30 PM	GBHS Main Gym		
Jan 3, 2022	Mon	Regular Season	@ South Lewis	7:30 PM		South Lewis HS Gymnasium	<b>Departure Time:</b> 4:15 PM	L
Jan 4, 2022	Tue	Practice	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym		
Jan 5, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Jan 7, 2022	Fri	Practice	N/A	6:00 PM	7:30 PM	GBHS Auxiliary Gym		
Jan 10, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Jan 11, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Jan 12, 2022	Wed	Regular Season	Watertown	7:15 PM		GBHS Main Gym		L
Jan 13, 2022	Thu	Regular Season	@ Lowville	7:30 PM		Lowville High School	<b>Departure Time:</b> 4:30 PM	L
Jan 14, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	GBHS Auxiliary Gym		
Jan 18, 2022	Tue	Regular Season	@ South Jefferson	7:15 PM		SJ HS/MS Gym 1 (MS)	<b>Departure Time:</b> 4:40 PM	L
Jan 20, 2022	Thu	Regular Season	@ Sandy Creek	7:15 PM	8:30 PM	Sandy Creek MS/HS Gym	<b>Departure Time:</b> 4:45 PM	NL
Jan 21, 2022	Fri	Regular Season (Senior Night) 0-3 L	@ Carthage	7:00 PM		Carthage HS Gym	<b>Departure Time:</b> 4:15 PM	L
Jan 22, 2022	Sat	Regular Season	@ Thousand Islands	11:30 AM	9:00 PM	Thousand Islands High School Gym	<b>Departure Time:</b> 8:45 AM	L
Jan 24, 2022	Mon	Regular Season	@ Indian River	7:15 PM		Indian River High School Main Gym	<b>Departure Time:</b> 4:00 PM	L
Jan 25, 2022	Tue	Practice	N/A	7:00 PM	8:30 PM	GBHS Main Gym		
Jan 26, 2022	Wed	Regular Season (Frontier League B Semifinal)	@ South Jefferson	5:30 PM		SJ HS/MS Gym 1 (MS)	<b>Departure Time:</b> 4:30 PM	L
Jan 27, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Jan 28, 2022	Fri	Practice	N/A	7:00 PM	8:30 PM	GBHS Auxiliary Gym		

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 31, 2022	Mon	Practice	N/A	6:00 PM	7:30 PM	GBHS Main Gym		
Feb 1, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Feb 2, 2022	Wed	Post-Season (Sectionals)	@ Vernon-Verona- Sherrill	6:00 PM		VVS MS Gym	<b>Departure Time:</b> 3:15 PM	NL

Date: 2024-05-03