

Coaches:

- Carrie LaSage, Head Coach
- Melissa Ruscio, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Nov 19, 2019	Tue	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 20, 2019	Wed	Practice	N/A	7:00 PM	9:00 PM	GBHS Main Gym		
Nov 21, 2019	Thu	Practice	N/A	2:00 PM	3:45 PM	GBHS Main Gym		
Nov 22, 2019	Fri	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 23, 2019	Sat	Practice	N/A	12:00 PM	2:00 PM	GBHS Main Gym		
Nov 25, 2019	Mon	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 26, 2019	Tue	Practice	N/A	5:00 PM	6:30 PM	GBHS Main Gym		
Nov 27, 2019	Wed	Scrimmage (Frontier League Scrimmage)	@ Watertown	8:00 AM	11:00 AM	Watertown H S	Departure Time: 7:15 AM Return Date: Return Time: 11:00 AM	L
Nov 29, 2019	Fri	Practice	N/A	10:00 AM	12:00 PM	GBHS Main Gym		
Nov 30, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	GBHS Main Gym		
Dec 2, 2019	Mon	Regular Season	South Jefferson	7:30 PM		GBHS Main Gym	Departure Time: 4:30 PM	L
Dec 3, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 5, 2019	Thu	Regular Season	Thousand Islands	7:30 PM		GBHS Main Gym		L
Dec 6, 2019	Fri	Regular Season 0-3 L	Carthage	7:15 PM		GBHS Main Gym		L
Dec 7, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	GBHS Main Gym		
Dec 9, 2019	Mon	Regular Season	@ South Jefferson	7:30 PM		SJ HS/MS Gym 1 (MS)		L
Dec 11, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Dec 12, 2019	Thu	Practice	N/A	7:00 PM	9:00 PM	GBHS Main Gym		
Dec 13, 2019	Fri	Practice	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym		
Dec 14, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	GBHS Main Gym		
Dec 16, 2019	Mon	Regular Season	@ Watertown	7:30 PM		Watertown H S	Departure Time: 4:30 PM	L
Dec 17, 2019	Tue	Practice	N/A	4:30 PM	6:00 PM	GBHS Main Gym		
Dec 18, 2019	Wed	Practice	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym		
Dec 19, 2019	Thu	Regular Season	Lowville	7:00 PM		GBHS Main Gym		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 21, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	GBHS Main Gym		
Dec 23, 2019	Mon	Practice	N/A	8:00 AM	9:30 AM	GBHS Main Gym		
Dec 30, 2019	Mon	Practice	N/A	8:00 AM	9:30 AM	GBHS Main Gym		
Jan 2, 2020	Thu	Practice	N/A	8:00 AM	9:30 AM	GBHS Main Gym		
Jan 3, 2020	Fri	Regular Season	@ Beaver River	7:30 PM		Beaver River H S	Departure Time: 4:30 PM	L
Jan 6, 2020	Mon	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Jan 8, 2020	Wed	Regular Season	@ Thousand Islands	7:30 PM		Thousand Islands Turf Field	Departure Time: 4:45 PM	NL
Jan 9, 2020	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Jan 10, 2020	Fri	Regular Season	South Lewis	7:30 PM		GBHS Main Gym		L
Jan 13, 2020	Mon	Regular Season	@ Indian River	7:30 PM		Indian River High School Main Gym	Departure Time: 5:00 PM	L
Jan 14, 2020	Tue	Regular Season	@ Lowville	8:00 PM		Lowville High School	Departure Time: 4:30 PM	L
Jan 16, 2020	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Jan 17, 2020	Fri	Regular Season	@ Sandy Creek	8:00 PM		Sandy Creek MS/HS Gym	Departure Time: 4:45 PM	L
Jan 21, 2020	Tue	Regular Season 0-3 L	@ Carthage	7:15 PM		Carthage HS Gym	Departure Time: 4:15 AM	L
Jan 23, 2020	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Jan 24, 2020	Fri	Regular Season	Watertown	7:30 PM		GBHS Main Gym		L
Jan 25, 2020	Sat	Regular Season	Pulaski	11:30 AM		GBHS Main Gym		NL
Jan 27, 2020	Mon	Regular Season	Indian River	7:30 PM		GBHS Main Gym		L
Jan 28, 2020	Tue	Regular Season	@ Lowville	7:00 PM	9:00 PM	Lowville HS		L

Date: 2024-05-21