

Coaches:

- Carrie LaSage, Head Coach
- Melissa Ruscio, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 7, 2016	Mon	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 8, 2016	Tue	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 9, 2016	Wed	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Nov 10, 2016	Thu	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 11, 2016	Fri	Practice	N/A	12:00 PM	2:00 PM	GBHS Main Gym		
Nov 12, 2016	Sat	Practice	N/A	12:00 PM	2:00 PM	GBHS Main Gym		
Nov 14, 2016	Mon	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Nov 15, 2016	Tue	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 16, 2016	Wed	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 17, 2016	Thu	Practice	N/A	11:00 AM	1:00 PM	GBHS Auxiliary Gym		
Nov 18, 2016	Fri	Practice	N/A	11:00 AM	1:00 PM	GBHS Main Gym		
Nov 19, 2016	Sat	Scrimmage	Beaver River, Sandy Creek, Lowville, South Jefferson, Indian River, TBD, Thousand Islands @ Watertown	7:30 AM		Watertown Case M S	Departure Time: 7:00 AM	NL
Nov 21, 2016	Mon	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 22, 2016	Tue	Practice	N/A	3:00 PM	4:45 PM	GBHS Main Gym		
Nov 23, 2016	Wed	Practice	N/A	2:00 PM	3:30 PM	GBHS Main Gym		
Nov 26, 2016	Sat	Practice	N/A	12:00 PM	2:00 PM	GBHS Main Gym		
Nov 28, 2016	Mon	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 29, 2016	Tue	Regular Season	South Jefferson	7:30 PM		GBHS Main Gym		NL
Nov 30, 2016	Wed	Practice	N/A	3:00 PM	5:00 PM	GBHS Auxiliary Gym		
Dec 1, 2016	Thu	Practice	N/A	3:00 PM	5:00 PM	GBHS Auxiliary Gym		
Dec 2, 2016	Fri	Practice	N/A	3:00 PM	5:00 PM	GBHS Auxiliary Gym		
Dec 3, 2016	Sat	Practice	N/A	10:00 AM	12:00 PM	GBHS Main Gym		
Dec 5, 2016	Mon	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Dec 6, 2016	Tue	Regular Season	Lowville	7:30 PM		GBHS Auxiliary Gym		NL
Dec 7, 2016	Wed	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		

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Dec 9, 2016	Fri	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Dec 12, 2016	Mon	Practice	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Dec 13, 2016	Tue	Regular Season	Watertown	7:30 PM		GBHS Auxiliary Gym		NL
Dec 15, 2016	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 16, 2016	Fri	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Dec 17, 2016	Sat	Regular Season	@ Thousand Islands	12:30 PM		Thousand Islands Turf Field		NL
Dec 19, 2016	Mon	Regular Season	Beaver River	7:30 PM		GBHS Main Gym		NL
Dec 20, 2016	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Auxiliary Gym		
Dec 21, 2016	Wed	Practice	N/A	3:00 PM	5:00 PM	GBHS Auxiliary Gym		
Dec 22, 2016	Thu	Practice	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Dec 27, 2016	Tue	Practice	N/A	12:00 PM	2:00 PM	GBHS Main Gym		
Dec 28, 2016	Wed	Practice	N/A	12:00 PM	2:00 PM	GBHS Main Gym		
Dec 29, 2016	Thu	Practice	N/A	8:00 AM	AM	GBHS Main Gym		
Dec 30, 2016	Fri	Practice	N/A	12:00 PM	2:00 PM	GBHS Main Gym		
Dec 31, 2016	Sat	Practice	N/A	8:00 AM	AM	GBHS Main Gym		
Jan 2, 2017	Mon	Practice	N/A	1:00 PM	3:00 PM	GBHS Main Gym		
Jan 3, 2017	Tue	Regular Season	Indian River	7:30 PM		GBHS Main Gym		NL
Jan 4, 2017	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Auxiliary Gym		
Jan 6, 2017	Fri	Practice	N/A	6:00 PM	7:30 PM	GBHS Main Gym		
Jan 7, 2017	Sat	Practice	N/A	12:00 PM	2:00 PM	GBHS Main Gym		
Jan 9, 2017	Mon	Regular Season	Sandy Creek	7:30 PM		GBHS Main Gym		NL
Jan 10, 2017	Tue	Practice	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym		
Jan 11, 2017	Wed	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Jan 12, 2017	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Jan 13, 2017	Fri	Regular Season	@ South Jefferson	7:30 PM		SJ HS/MS Gym 2 (HS)	Departure Time: 4:15 PM	NL
Jan 16, 2017	Mon	Practice	N/A	1:00 PM	3:00 PM	GBHS Main Gym		
Jan 18, 2017	Wed	Regular Season	@ South Lewis	7:30 PM		South Lewis MS Gymnasium	Departure Time: 4:00 PM	NL
Jan 19, 2017	Thu	Practice	N/A	3:00 PM	4:30 PM	GBHS Auxiliary Gym		
Jan 20, 2017	Fri	Practice	N/A	6:00 PM	7:30 PM	GBHS Main Gym		

DATE	WEE! DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 21, 2017	Sat	Regular Season	@ Lowville	1:00 PM		Lowville High School Main Gym	Departure Time: 9:30 AM	NL
Jan 23, 2017	Mon	Regular Season	@ Carthage	7:30 PM		Carthage HS Gym	Departure Time: 4:00 PM	NL
Jan 25, 2017	Wed	Regular Season	Carthage	7:30 PM		GBHS Main Gym		NL
Jan 26, 2017	Thu	Practice	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym		
Jan 27, 2017	Fri	Regular Season	@ Watertown	7:30 PM		Watertown H S	Departure Time: 4:30 PM	NL
Jan 28, 2017	Sat	Regular Season	@ Indian River	2:30 PM		Indian River High School Main Gym	Departure Time: 11:15 AM	NL
Jan 31, 2017	Tue	Regular Season	TBD	5:30 PM		GBHS Main Gym		NL

Date: 2025-12-28