

Coaches:

- Carrie LaSage, Head Coach
- Melissa Ruscio, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 22, 2023	Wed	Scrimmage	Lowville, Beaver River @ Watertown	8:30 AM	11:00 AM	Watertown Case M S		L
Dec 4, 2023	Mon	Regular Season	@ Thousand Islands	7:30 PM		Thousand Islands High School Gym	Departure Time: 4:45 PM	L
Dec 9, 2023	Sat	Regular Season (Tournament)	New Hartford, South Jefferson, Mount Markham, Weedsport, Sandy Creek, Whitesboro, Canastota, Oneida @ South Lewis	9:00 AM		South Lewis HS Gymnasium, South Lewis MS Gymnasium	Departure Time: 7:00 AM	NL
Dec 14, 2023	Thu	Regular Season 0-3 L	@ Carthage	7:15 PM		Carthage HS Gym	Departure Time: 4:15 PM	L
Dec 28, 2023	Thu	Regular Season (Pink Out)	Thousand Islands, Carthage, Beaver River, Chittenango, East Syracuse Minoa, Lowville @ Watertown	8:00 AM		Watertown Case M S	Departure Time: 7:30 AM	NL
Jan 4, 2024	Thu	Regular Season	@ South Lewis	6:30 PM		South Lewis HS Gymnasium	Departure Time: 3:20 PM	L
Jan 8, 2024	Mon	Regular Season	@ Pulaski	7:00 PM	8:30 PM	Pulaski HS GYM	Departure Time: 4:00 PM	NL
Jan 19, 2024	Fri	Regular Season	@ Watertown	7:00 PM		Watertown H S	Departure Time: 4:30 PM	L
Jan 22, 2024	Mon	Regular Season	@ Lowville	7:30 PM		Lowville High School	Departure Time: 4:15 PM	L
Jan 25, 2024	Thu	Regular Season	@ South Jefferson	7:00 PM		SJ HS/MS Gym 1 (MS)	Departure Time: 4:30 PM	L
Jan 31, 2024	Wed	Regular Season (FL Semi-final)	@ South Jefferson	6:30 PM		SJ HS/MS Gym 1 (MS)	Departure Time: 5:30 PM	L
Feb 3, 2024	Sat	Post-Season (Playoffs)	@ Lowville	4:00 PM		Watertown High School	Departure Time: 2:30 PM	L

Date: 2024-05-03