

## **Coaches:**

- Alan Weaver, Head Coach
- Bethany Mitchell, Asst Coach

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS   | START END<br>TIME TIMI |  | TRANSPORTATION | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|---|------------------------|--|----------------|----------------------------|
| Sep 10, 2022 | Sat         | Regular Season<br>(VVS Invite)                                  | @ TBD   | TBD                    | TBD  |                | L                          |
| Sep 14, 2022 | Wed         | Regular Season  | Auburn, Central<br>Square   | 4:30<br>PM             | Granby E S                                     |                | L                          |
| Sep 17, 2022 | Sat         | Regular Season<br>(ESM Invite)                                  | @ TBD   | TBD                    | TBD  |                | NL                         |
| Sep 24, 2022 | Sat         | Regular Season<br>(B-Ville Invite)                              | @ TBD   | TBD                    | TBD  |                | NL                         |
| Sep 28, 2022 | Wed         | Regular Season  | Cortland  | 4:30<br>PM             | Granby E S                                     |                | L                          |
| Oct 1, 2022  | Sat         | Regular Season<br>(Whitesboro Cross<br>country<br>invitational) | Oneonta,<br>Watertown, Notre<br>Dame, Utica,<br>Corcoran (Syracuse<br>West),<br>Westmoreland, New<br>York Mills, New<br>Hartford,<br>Adirondack,<br>Hamilton,<br>Cooperstown,<br>Central Valley<br>Academy, Oriskany,<br>West Canada<br>Valley, Utica<br>Proctor, Oneida,<br>Herkimer, Holland<br>Patent, Clinton @<br>Whitesboro | 9:00<br>AM             | Deerfield Town<br>Wilderness Park              |                | NL                         |
| Oct 1, 2022  | Sat         | Regular Season<br>(McQuaid Invite)                              | @ TBD   | TBD                    | TBD  |                | NL                         |
| Oct 4, 2022  | Tue         | Regular Season<br>(Senior Night)                                | Jamesville-Dewitt<br>@ East Syracuse<br>Minoa   | 5:00<br>PM             | ESM Kirkville Rd.<br>Field                     |                | L                          |
| Oct 7, 2022  | Fri         | Regular Season<br>(Senior Night)                                | Corcoran (Syracuse<br>West) @ Oswego  | 5:30<br>PM             | Oswego Middle<br>School Cross<br>Country Trail |                | L                          |
| Oct 7, 2022  | Fri         | Regular Season<br>(Chittenango<br>Invite)                       | @ TBD   | TBD                    | TBD  |                | NL                         |
| Oct 12, 2022 | Wed         | Regular Season  | Corcoran (Syracuse<br>West) @ Henninger<br>(Henninger)  | 5:00<br>PM             | Sunnycrest Park                                |                | L                          |
| Oct 15, 2022 | Sat         | Regular Season<br>(Weedsport Invite)                            | @ TBD   | TBD                    | TBD  |                | L                          |
|              |             |   |   |                        |  |                |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ                                 | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION  | TRANSPORTATION | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|--------------------------------------|--|---------------|-------------|---|----------------|----------------------------|
| Oct 19, 2022 | Wed         | Post-Season<br>(SCAC League<br>Meet) | Liverpool, Cicero-<br>North Syracuse,<br>Nottingham<br>(Nottingham),<br>Henninger<br>(Henninger),<br>Fayetteville-<br>Manlius, West<br>Genesee, East<br>Syracuse Minoa,<br>Central Square,<br>Oswego, Auburn,<br>Cortland,<br>Jamesville-Dewitt,<br>Corcoran (Syracuse<br>West) @<br>Baldwinsville | 4:30<br>PM    | 6:30<br>PM  | Bville - Durgee<br>Cross Country<br>Trail, Bville -<br>Durgee JHS Gym |                | L                          |

Date: 2024-05-19