Hyde Park
(B) V Wrestling

Coaches:

- Jim Sheehan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	FDR HS C Gym		
Nov 15, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR HS C Gym		
Nov 16, 2022	Wed	Practice	N/A	4:00 PM	6:00 PM	FDR HS C Gym		
Nov 17, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	FDR HS C Gym		
Nov 18, 2022	Fri	Practice	N/A	4:00 PM	6:00 PM	FDR HS C Gym		
Nov 19, 2022	Sat	Practice	N/A	8:00 AM	10:00 PM	FDR C gym		
Nov 21, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Nov 22, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Nov 22, 2022	Tue	Regular Season (weigh-in)	@ Red Hook	TBD		Red Hook High School	**Departure Point:** FDR HS **Departure Time:** 3:45 PM	L
Nov 25, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	FDR C gym		
Nov 26, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	FDR C gym		
Nov 28, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Nov 29, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Nov 30, 2022	Wed	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 1, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 2, 2022	Fri	Scrimmage	@ Our Lady of Lourdes	3:30 PM		Our Lady of Lourdes HS	**Departure Point:** FDR HS **Departure Time:** 3:00 PM	L
Dec 3, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	FDR weight room		
Dec 5, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 6, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 7, 2022	Wed	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 8, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 10, 2022	Sat	Regular Season (tournament)	TBD	8:00 AM		FDR HS A/B Gym		L
Dec 12, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 13, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 14, 2022	Wed	Regular Season	Middletown	5:00 PM		FDR HS A/B Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 16, 2022	Fri	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 17, 2022	Sat	Regular Season (tournament - Lewis Johnson Duals)	@ Ravena-Coeymans	8:00 AM		TBD	**Departure Point:** FDR HS **Departure Time:** 6:15 AM	L
Dec 19, 2022	Mon	Regular Season	@ TBD	6:00 PM		Chester Academy - Chester Commons Park	**Departure Point:** FDR HS **Departure Time:** 2:30 PM	L
Dec 20, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 21, 2022	Wed	Regular Season	@ Beacon	6:00 PM		Beacon HS	**Departure Point:** FDR HS **Departure Time:** 2:30 PM	L
Dec 22, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 26, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Dec 27, 2022	Tue	Regular Season (tournament)	@ Arlington	TBD		Arlington HS	**Departure Point:** FDR HS **Departure Time:** 6:30 AM	L
Dec 28, 2022	Wed	Regular Season (tournament)	@ Arlington	TBD		Arlington HS	**Departure Point:** FDR HS **Departure Time:** 6:30 AM	L
Dec 31, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	FDR C gym		
Jan 2, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	FDR C gym		
Jan 3, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Jan 4, 2023	Wed	Regular Season	TBD	6:00 PM		FDR HS A/B Gym		L
Jan 5, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Jan 6, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Jan 9, 2023	Mon	Practice	N/A	4:30 PM	6:00 PM	FDR HS A Gym		
Jan 10, 2023	Tue	Regular Season (Sec IX Dual Meet)	@ Newburgh HS	5:00 PM		Newburgh Free Academy	**Departure Point:** FDR HS **Departure Time:** 2:45 PM	L
Jan 12, 2023	Thu	Practice	N/A	4:30 PM	6:00 PM	FDR HS A Gym		
Jan 13, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Jan 14, 2023	Sat	Regular Season (Round Robin Invite)	@ Highland	9:00 AM		Highland HS	**Departure Point:** FDR HS **Departure Time:** 7:00 AM	L
Jan 17, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR HS C Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 18, 2023	Wed	Regular Season	@ Red Hook	6:00 PM		Red Hook - Linden Ave MS	**Departure Point:** FDR HS **Departure Time:** 2:30 PM	L
Jan 19, 2023	Thu	Regular Season	Washingtonville	6:00 PM		FDR HS A/B Gym		L
Jan 20, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	FDR HS C Gym		
Jan 23, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	FDR C gym		
Jan 24, 2023	Tue	Regular Season	@ TBD	5:00 PM		R. C. Ketcham High School	**Departure Point:** FDR HS **Departure Time:** 2:30 PM	L
Jan 24, 2023	Tue	Regular Season	@ Roy C Ketcham/ Wappingers JHS	5:00 PM	6:30 PM	RCK Gymnasium		L
Jan 27, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Jan 28, 2023	Sat	Regular Season (tournament - Edgemont tournament)	@ TBD	7:00 AM		TBD	**Departure Point:** FDR HS **Departure Time:** 6:15 AM	L
Jan 30, 2023	Mon	Regular Season	@ Kingston	6:00 PM		TBD	**Departure Point:** FDR HS **Departure Time:** 2:30 PM	L
Feb 1, 2023	Wed	Practice	N/A	4:30 PM	6:00 PM	FDR HS A Gym		
Feb 1, 2023	Wed	Regular Season	@ Valley Central	6:00 PM		TBD	**Departure Point:** FDR HS **Departure Time:** 2:45 PM	L
Feb 2, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Feb 3, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Feb 6, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		
Feb 7, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	FDR HS A Gym		
Feb 9, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	FDR C gym		

Date: 2024-04-19