Coaches:

Faith Heritage (G) V Outdoor Track

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE NON- LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 18, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 19, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 20, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 21, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 24, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 25, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 26, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 27, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 28, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Mar 31, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Faith Heritage	
Apr 1, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 2, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 4, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 7, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 8, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 10, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 11, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 14, 2025	Mon	Practice	N/A	9:00 AM	10:30 AM	Faith Heritage	
Apr 15, 2025	Tue	Meet (Westhill Spring Invite)	Vs. Multiple	1:00 PM		Westhill HS Stadium	NL
Apr 17, 2025	Thu	Practice	N/A	9:00 AM	10:30 AM	Faith Heritage	
Apr 21, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Faith Heritage	
Apr 22, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 23, 2025	Wed	Regular Season	Cincinnatus, DeRuyter @ Fabius-Pompey	4:30 PM	7:00 PM	Fabius- Pompey H S	L
Apr 24, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 25, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 28, 2025	Mon	Regular Season	Manlius Pebble Hill @ Tully	4:30 PM	7:00 PM	Tully HS Track	L
Apr 29, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
Apr 30, 2025	Wed	Regular Season	Bishop Grimes, Cincinnatus @ Onondaga Central	4:30 PM		Stadium	L
May 1, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
May 2, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
May 5, 2025	Mon	Practice	N/A	TBD		Faith Heritage	
May 6, 2025	Tue	Practice	N/A	TBD		Faith Heritage	
May 7, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
May 8, 2025	Thu	Practice	N/A	TBD		Faith Heritage	
May 9, 2025	Fri	Practice	N/A	TBD		Faith Heritage	
May 10, 2025	Sat	Regular Season (Junkyard Relays)	TBD	10:00 AM		TBD	NL
May 12, 2025	Mon	Practice	N/A	TBD		Faith Heritage	
May 13, 2025	Tue	Practice	N/A	TBD		Faith Heritage	
May 14, 2025	Wed	Regular Season	Bishop Grimes, Manlius Pebble Hill, Cincinnatus, DeRuyter, Tully, Fabius- Pompey @ Onondaga Central	4:30 PM		Stadium	L
May 16, 2025	Fri	Practice	N/A	TBD		Faith Heritage	
May 19, 2025	Mon	Practice	N/A	TBD		Faith Heritage	
May 20, 2025	Tue	Meet (League Meet Outdoor Track & Field)	Vs. Multiple	4:30 PM		Tully HS Track	NL
May 21, 2025	Wed	Practice	N/A	TBD		Faith Heritage	
May 22, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage	
May 23, 2025	Fri	Regular Season (CNS Invitational)	TBD	4:30 PM		TBD	NL
May 27, 2025	Tue	Practice	N/A	TBD		Faith Heritage	
May 28, 2025	Wed	Practice	N/A	TBD		Faith Heritage	
May 29, 2025	Thu	Practice	N/A	TBD		Faith Heritage	
May 30, 2025	Fri	Regular Season (Sectionals)	TBD	4:00 PM		TBD	L

Date: 2025-12-19