

# Faith Heritage

## (B) V Outdoor Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 18, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 19, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 20, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 21, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 24, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 25, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 26, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 27, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 28, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Mar 31, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Faith Heritage		
Apr 1, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 2, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 4, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 7, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 8, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 8, 2025	Tue	Regular Season	Syracuse Academy of Science @ DeRuyter	4:30 PM		DeRuyter HS Track		L
Apr 10, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 11, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 14, 2025	Mon	Practice	N/A	9:00 AM	10:30 AM	Faith Heritage		
Apr 15, 2025	Tue	Meet (Westhill Spring Invite)	Vs. Multiple	1:00 PM		TBD		NL
Apr 17, 2025	Thu	Practice	N/A	9:00 AM	10:30 AM	Faith Heritage		
Apr 21, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Faith Heritage		
Apr 22, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 23, 2025	Wed	Regular Season	Cincinnatus, DeRuyter @ Fabius-Pompey	4:30 PM	7:00 PM	Fabius-Pompey HS		L
Apr 24, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 25, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 28, 2025	Mon	Regular Season	Manlius Pebble Hill @ Tully	4:30 PM	7:00 PM	Tully HS Track		L
Apr 29, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
Apr 30, 2025	Wed	Regular Season	Bishop Grimes, Cincinnatus @ Onondaga Central (OCS/Laf)	4:30 PM		Stadium		L
May 1, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 2, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 5, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 6, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
POSTPONED May 7, 2025	Wed	Regular Season	Onondaga Central (OCS/Laf), Manlius Pebble Hill @ DeRuyter	4:30 PM		DeRuyter HS Track		L
May 8, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 9, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 10, 2025	Sat	Regular Season (Junkyard Relays)	TBD	10:00 AM		TBD		NL
May 12, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 13, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 14, 2025	Wed	Regular Season	Bishop Grimes, Manlius Pebble Hill, Cincinnatus, DeRuyter, Fabius-Pompey, Tully @ Onondaga Central (OCS/Laf)	4:30 PM		Stadium		L
May 16, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 19, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 20, 2025	Tue	Meet (League Meet Outdoor Track & Field )	Vs. Multiple	4:30 PM		Tully HS Track		NL
May 21, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 22, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 23, 2025	Fri	Regular Season (CNS Invitational)	TBD	4:30 PM		TBD		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 23, 2025	Fri	Regular Season (CNS Invitational)	Adirondack, Auburn, Baldwinsville, Bishop Grimes, Canastota, Carthage, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Chenango Valley, Chittenango, Corcoran, Fabius-Pompey, Hannibal, Holland Patent, Indian River, Irondequoit, Institute of Technology, Syracuse, Jamesville-Dewitt, Mexico, Morrisville-Eaton, New Hartford, Nottingham, Ogdensburg, OnTech High School, Oneida, Onondaga Central (OCS/Laf), Phoenix, Utica Proctor, Pulaski, Saranac Lake, Solvay, South Jefferson, South Lewis, Tully, West Canada Valley, West Genesee, Westhill, Whitesboro @ Cicero-North Syracuse	4:30 PM	8:45 PM	CNS HS-Bragman Stadium		L
May 27, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 28, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 29, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		
May 30, 2025	Fri	Regular Season (Sectionals )	TBD	4:00 PM		TBD		L
TBD		Practice	N/A	3:15 PM	5:00 PM	Faith Heritage		

Date: 2026-04-04