



Fabius-Pompey

(G) V Winter Track

Coaches:

- Maria Reagan (Costello)

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Nov 19, 2024	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Nov 20, 2024	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Nov 21, 2024	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Nov 22, 2024	Fri	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Nov 25, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Nov 26, 2024	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Nov 27, 2024	Wed	Practice	N/A	8:00 AM	9:30 AM	Fabius Pompey Weight Room		
Dec 2, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 3, 2024	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 4, 2024	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 5, 2024	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 6, 2024	Fri	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 9, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 10, 2024	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 11, 2024	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 12, 2024	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 13, 2024	Fri	Regular Season	@ TBD	4:00 PM	9:00 PM	OCC/SRC Arena	Departure Time: 3:20 PM	L
Dec 16, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 17, 2024	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 18, 2024	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 19, 2024	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Dec 20, 2024	Fri	Practice	N/A	2:30 PM	5:00 PM	Fabius Pompey Weight Room		
Dec 21, 2024	Sat	Regular Season	@ TBD	9:00 AM	2:00 PM	OCC/SRC Arena	Departure Time: 7:45 AM	L
Dec 23, 2024	Mon	Practice	N/A	8:30 AM	10:30 AM	Fabius Pompey Weight Room		
Dec 30, 2024	Mon	Practice	N/A	8:30 AM	10:30 AM	Fabius Pompey Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 31, 2024	Tue	Practice	N/A	8:30 AM	10:30 AM	Fabius Pompey Weight Room		
Jan 2, 2025	Thu	Practice	N/A	8:30 AM	10:30 AM	Fabius Pompey Weight Room		
Jan 3, 2025	Fri	Practice	N/A	8:30 AM	10:30 AM	Fabius Pompey Weight Room		
POSTPONED Jan 4, 2025	Sat	Regular Season	@ TBD	9:00 AM	2:00 PM	OCC/SRC Arena	Departure Time: 7:45 AM	L
Jan 6, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
CANCELLED Jan 7, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
CANCELLED Jan 8, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
CANCELLED Jan 9, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 10, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 11, 2025	Sat	Regular Season	@ TBD	3:00 PM	8:00 PM	OCC/SRC Arena	Departure Time: 1:45 PM	L
Jan 13, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 14, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 15, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 16, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 17, 2025	Fri	Regular Season	@ TBD	4:30 PM	9:00 PM	OCC/SRC Arena	Departure Time: 3:20 PM	L
Jan 20, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 21, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 22, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 23, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 24, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 25, 2025	Sat	Post-Season (League Championship)	@ TBD	9:00 AM	2:00 PM	OCC/SRC Arena	Departure Time: 7:45 AM	L
Jan 27, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 28, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Jan 29, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
POSTPONED Jan 30, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
CANCELLED Jan 31, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 3, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 4, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 5, 2025	Wed	Practice	N/A	2:30 PM	5:30 PM	Fabius Pompey Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 6, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 7, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 8, 2025	Sat	Post-Season (Section 3 Championship)	@ TBD	3:00 PM	8:00 PM	OCC/SRC Arena	Departure Time: 1:45 PM	NL
Feb 10, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 11, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 12, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 13, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 14, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	Fabius Pompey Weight Room		
Feb 25, 2025	Tue	Post-Season (Section 3 State Qualifier)	@ TBD	4:30 PM	8:30 PM	OCC/SRC Arena	Departure Time: 3:20 PM	NL

Date: 2025-04-19