



Fabi-Pompey

(B) 7/8TH Cross Country

Coaches:

- Nicholas Sawicky

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 9, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 13, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 16, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 20, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:00 AM	2:00 PM	Bville - Durgee Jr. High School	Departure Point: F-P HS Departure Time: 8:00 AM	NL
Sep 23, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 25, 2024	Wed	Regular Season	Onondaga Central, Mater Dei Academy	4:30 PM		Highland Forest	Departure Point: F-P HS Departure Time: 3:20 PM	L
Sep 30, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 2, 2024	Wed	Regular Season	LaFayette, Faith Heritage	4:30 PM	7:00 PM	Highland Forest	Departure Point: F-P HS Departure Time: 3:20 PM	L
Oct 4, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 5, 2024	Sat	Meet (Tully XC Invite)	Vs. Multiple	9:00 AM	2:00 PM	Tully XC Course		NL
Oct 5, 2024	Sat	Regular Season (Tully Invitational)	TBD	TBD		Tully H S	Departure Point: F-P HS Departure Time: 8:10 AM	NL
Oct 7, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 11, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 16, 2024	Wed	Regular Season	Manlius Pebble Hill @ Cincinnatus	4:30 PM		Cincinnatus XC course on Fireman's Field 2647 Route 26 Cincinnatus, NY 13040	Departure Point: F-P HS Departure Time: 3:20 PM	L
Oct 18, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 19, 2024	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Marathon H S	Departure Point: F-P HS Departure Time: 7:15 AM	NL
Oct 21, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 23, 2024	Wed	Regular Season	DeRuyter @ Tully	4:30 PM	6:30 PM	Tully XC Course	Departure Time: 3:20 PM	L
Oct 25, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	

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Oct 28, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Nov 2, 2024	Sat	Regular Season (John Bernard Invitational)	@ TBD	9:00 AM	6:30 PM	Adirondack HS	Departure Point: F-P HS Departure Time: 6:45 AM	NL

Date: 2025-12-05