



Fabius-Pompey

(B) 7/8TH Cross Country

Coaches:

- Nicholas Sawicky

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 11, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 12, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Sep 13, 2023	Wed	Regular Season	Tully, DeRuyter, Faith Heritage, Cincinnatus	4:30 PM	6:30 PM	Highland Forest	Departure Time: 3:15 PM	L
Sep 14, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Sep 15, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 18, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 19, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Sep 20, 2023	Wed	Regular Season	Mater Dei Academy @ Onondaga Central	4:30 PM	6:30 PM	Cross Country Trail	Departure Time: 3:20 PM	L
Sep 21, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Sep 22, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 23, 2023	Sat	Regular Season @ TBD		10:00 AM	3:00 PM	Bville - Durgee Cross Country Trail	Departure Point: F-P HS Departure Time: 8:00 AM	NL
Sep 25, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 26, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Sep 28, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Sep 29, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 2, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 3, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Oct 4, 2023	Wed	Regular Season	Faith Heritage @ LaFayette	4:30 PM	6:30 PM	LaFayette H S Stadium	Departure Time: 3:30 PM	L
Oct 5, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Oct 6, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 10, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Oct 11, 2023	Wed	Regular Season	Cincinnatus @ Manlius Pebble Hill	4:30 PM	6:30 PM	TBD	Departure Time: 3:30 PM	L
Oct 12, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Oct 13, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 14, 2023	Sat	Practice (Marathon Invitational)	N/A	7:15 AM	2:00 PM	TBD	Departure Point: Loading Dock Departure Date: Oct 14, 2023 Departure Time: 7:15 AM Return Date: Oct 14, 2023 Return Time: 2:00 PM	
Oct 14, 2023	Sat	Regular Season	@ TBD	TBD		Marathon H S	Departure Point: F-P HS Departure Time: 7:15 AM	NL
Oct 16, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 17, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Oct 19, 2023	Thu	Practice (Practice)	N/A	3:30 PM	5:00 PM	Fabius-Pompey H S		
Oct 20, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 21, 2023	Sat	Regular Season	@ TBD	9:15 AM	1:00 PM	Weedsport Jr.-Sr. High School	Departure Point: F-P HS Departure Time: 7:00 AM	NL
Oct 23, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 25, 2023	Wed	Regular Season (OHSL League Meet)	Onondaga Central, Cato-Meridian (Blue Devils), DeRuyter, Cincinnatus, Weedsport, Bishop Grimes, Mater Dei Academy, Port Byron (Port Byron/Union Springs), Manlius Pebble Hill, Altmar-Parish-Williamstown (APW Rebels), LaFayette, Bishop Ludden, Faith Heritage, Pulaski @ Tully	4:00 PM		Tully XC Course		L

Date: 2025-12-05