



# Fabius-Pompey

## (B) V Cross Country

### Coaches:

- Maria Reagan (Costello), Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	Remsen (Remsen), Phoenix, Holland Patent, Tully, Cato-Meridian (Blue Devils), South Lewis, Adirondack, Whitesboro, Clinton, Waterville, Beaver River, Vernon-Verona-Sherrill, Notre Dame, Utica, Weedsport, Central Square, Rome Free Academy, Auburn, Canastota, Cazenovia, Christian Brothers Academy, Dewitt, Central Valley Academy, Chittenango, Cicero-North Syracuse, DeRuyter, Dolgeville, Fayetteville-Manlius, Homer, TBD, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Nottingham (Nottingham), Oneida, Onondaga Central, Utica Proctor, Pulaski, Skaneateles, South Jefferson, Watertown, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL
Sep 7, 2024	Sat	Regular Season (2024 Mustang invitational at Mount Markham)	@ TBD	8:00 AM	12:00 PM	Mount Markham HS	Departure Point: F-P HS Departure Time: 7:30 AM	NL
Sep 9, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 13, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 16, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	

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Sep 18, 2024	Wed	Scrimmage	Bishop Ludden, LaFayette, Cincinnatus, DeRuyter, Weedsport, Bishop Grimes, Faith Heritage @ Tully	4:30 PM	6:30 PM	Tully XC Course	Departure Time: 3:20 PM	NL
Sep 20, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:00 AM	2:00 PM	Bville - Durgee Jr. High School	Departure Point: F-P HS Departure Time: 8:00 AM	NL
Sep 23, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 25, 2024	Wed	Regular Season	Onondaga Central, Mater Dei Academy	4:30 PM	7:00 PM	Highland Forest	Departure Point: F-P HS Departure Time: 3:20 PM	L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		McQuaid Jesuit HS	Departure Point: F-P HS Departure Date: Sep 27, 2024 Departure Time: 3:20 PM	NL
Sep 30, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 2, 2024	Wed	Regular Season	LaFayette, Faith Heritage	4:30 PM	7:00 PM	Highland Forest	Departure Point: F-P HS Departure Time: 3:20 PM	L
Oct 4, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 5, 2024	Sat	Meet (Tully XC Invite )	Vs. Multiple	9:00 AM	2:00 PM	Tully XC Course		NL
Oct 5, 2024	Sat	Regular Season (Tully Invitational)	@ TBD	TBD		Tully H S	Departure Point: F-P HS Departure Time: 8:10 AM	NL
Oct 7, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 11, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 16, 2024	Wed	Regular Season	Manlius Pebble Hill @ Cincinnatus	4:30 PM		Cincinnatus XC course on Fireman's Field 2647 Route 26 Cincinnatus, NY 13040	Departure Time: 3:15 PM	L
Oct 18, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 19, 2024	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Marathon H S	Departure Point: F-P HS Departure Time: 7:15 AM	NL
Oct 21, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 23, 2024	Wed	Regular Season	DeRuyter @ Tully	4:30 PM	6:30 PM	Tully XC Course	Departure Time: 3:20 PM	L
Oct 25, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	

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Oct 28, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:20 PM	
Oct 30, 2024	Wed	Meet (OHSL League Meet)	Vs. Multiple	4:00 PM	7:00 PM	Tully XC Course	<b>Departure Time:</b> 2:30 PM	NL
Oct 30, 2024	Wed	Post-Season (League Championship)	@ TBD	TBD		TBD	<b>Departure Point:</b> F-P HS <b>Departure Time:</b> 2:30 PM	L
Nov 1, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:20 PM	
Nov 2, 2024	Sat	Regular Season (John Bernard Invitational)	@ Adirondack	9:00 AM	6:30 PM	Adirondack HS	<b>Departure Point:</b> F-P HS <b>Departure Time:</b> 6:45 AM	NL
Nov 4, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:20 PM	
Nov 8, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:20 PM	
Nov 9, 2024	Sat	Post-Season (Section 3 Championship)	@ TBD	TBD		Mount Markham HS	<b>Departure Point:</b> F-P HS <b>Departure Time:</b> 10:15 AM	NL

Date: 2025-12-05