

Coaches:

• Maria Reagan (Costello), Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2022	Wed	Regular Season	Faith Heritage, Cincinnatus	4:30 PM		Highland Forest	Departure Time: 3:15 PM	L
Sep 8, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 10, 2022	Sat	Regular Season	TBD	TBD		Cross Country Course	Departure Point: F-P HS Departure Time: 11:30 AM	NL
Sep 12, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 14, 2022	Wed	Regular Season	Onondaga Central @ Altmar-Parish- Williamstown (APW Rebels)	4:30 PM		A-P-W Elementary School	Departure Time: 2:45 PM	L
Sep 15, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 19, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 21, 2022	Wed	Regular Season	Manlius Pebble Hill, DeRuyter	4:30 PM		Highland Forest	Departure Time: 3:15 PM	L
Sep 22, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 24, 2022	Sat	Regular Season	TBD	TBD		Bville - Baker High School	Departure Point: F-P HS Departure Time: 8:00 AM	NL
Sep 26, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 28, 2022	Wed	Regular Season	LaFayette @ Tully	4:30 PM		Tully XC Course	Departure Time: 3:30 PM	L
Sep 29, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 1, 2022	Sat	Regular Season	TBD	TBD		McQuaid Jesuit HS	Departure Point: F-P HS Departure Time: 6:30 AM	NL
Oct 3, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 5, 2022	Wed	Regular Season	Mater Dei Academy, Cincinnatus @ Cincinnatus	4:30 PM		Cincinnatus XC course on Fireman's Field 2647 Route 26 Cincinnatus, NY 13040	Departure Time: 3:00 PM	NL
Oct 6, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 7, 2022	Fri	Meet (Chittenango Bears Twilight Invitational 2022)	Vs. Multiple	4:00 PM	7:00 PM	Chittenango HS- Stadium, Chittenango HS- Soccer Field (Grass)	Departure Time: 2:30 PM	NL
Oct 10, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 12, 2022	Wed	Regular Season	@ Pulaski	4:30 PM		Selkirk State Park	Departure Time: 2:45 PM	NL

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Oct 13, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 15, 2022	Sat	Regular Season	TBD	TBD		Marathon H S	Departure Point: F-P HS Departure Time: 7:15 AM	NL
Oct 17, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 20, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 25, 2022	Tue	Meet (OHSL League Meet)	Vs. Multiple	4:00 PM	7:00 PM	Cato-Meridian Cross Country Course	Departure Time: 2:00 PM	NL
Nov 5, 2022	Sat	Post-Season (Sectionals)	TBD	TBD		Cross Country Course	Departure Point: F-P HS Departure Time: 6:30 AM	NL

Date: 2025-12-05