



# Fabius-Pompey

## (G) 7/8TH Cross Country

### Coaches:

- Nicholas Sawicky

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 11, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 13, 2023	Wed	Regular Season	Tully, DeRuyter, Faith Heritage, Cincinnatus	4:30 PM	6:30 PM	Highland Forest	Departure Time: 3:15 PM	L
Sep 15, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 18, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 20, 2023	Wed	Regular Season	TBD @ Onondaga Central	4:30 PM	6:30 PM	Cross Country Trail	Departure Time: 3:30 PM	L
Sep 22, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 23, 2023	Sat	Regular Season @ TBD		10:00 AM	3:00 PM	Bville - Durgee Cross Country Trail	Departure Point: F-P HS Departure Time: 8:00 AM	NL
Sep 25, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 29, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 2, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 4, 2023	Wed	Regular Season	Faith Heritage @ LaFayette	4:30 PM	6:30 PM	LaFayette H S Stadium	Departure Time: 3:30 PM	L
Oct 6, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 11, 2023	Wed	Regular Season	Cincinnatus @ Manlius Pebble Hill	4:30 PM	6:30 PM	TBD	Departure Time: 3:30 PM	L
Oct 13, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 14, 2023	Sat	Regular Season @ TBD		9:15 AM		Marathon H S	Departure Point: F-P HS Departure Time: 7:15 AM	NL
Oct 16, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 20, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 21, 2023	Sat	Regular Season @ TBD		9:15 AM	1:00 PM	Weedsport Jr.-Sr. High School	Departure Point: F-P HS Departure Time: 7:00 AM	NL
Oct 23, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	

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Oct 25, 2023	Wed	Regular Season (OHSL League Meet)	Onondaga Central, Cato-Meridian (Blue Devils), Weedsport, Pulaski, Altmar-Parish-Williamstown (APW Rebels), Faith Heritage, Manlius Pebble Hill, LaFayette, Bishop Ludden, Bishop Grimes, Cincinnatus, DeRuyter, Port Byron (Port Byron/Union Springs) @ Tully	4:00 PM		Tully XC Course		L

Date: 2025-12-05