

## Coaches:

• Maria Reagan (Costello)

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 5, 2025	Fri	Practice	N/A	3:30 PM		Highland Forest	<b>Departure Time:</b> 3:15 PM	
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Remsen, Utica Proctor, Auburn, Camden, Weedsport, Fayetteville-Manlius, Chittenango, Canastota, South Lewis, Jamesville- Dewitt, Cicero-North Syracuse, Onondaga Central, Jordan- Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Baldwinsville, Indian River, Liverpool, Phoenix, West Genesee, Tully, New Hartford, Notre Dame, Utica, Holland Patent, Waterville, Clinton, Vernon- Verona-Sherrill, Oneida, Cazenovia, Whitesboro, DeRuyter, Hamilton, Central Square, Guilderland High School, Nottingham (Nottingham), Central Valley Academy @ Mount Markham	8:00 AM		Mount Markham HS		NL
Sep 6, 2025	Sat	Regular Season (Mustang Invitational at Mount Markham)	@ TBD	TBD		Mount Markham HS	Departure Point: F-P HS Departure Time: 6:40 AM	NL
Sep 8, 2025	Mon	Practice	N/A	3:30 PM		Highland Forest	<b>Departure Time:</b> 3:15 PM	
Sep 12, 2025	Fri	Practice	N/A	3:30 PM		Highland Forest	<b>Departure Time:</b> 3:15 PM	
Sep 15, 2025	Mon	Practice	N/A	3:30 PM		Highland Forest	<b>Departure Time:</b> 3:15 PM	
Sep 19, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		Bville - Durgee Cross Country Trail	Departure Point: F-P HS Departure Time: 8:00 AM	NL
Sep 22, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Sep 23, 2025	Tue	Regular Season	TBD @ Onondaga Central	4:30 PM	6:00 PM	Cross Country Trail	<b>Departure Time:</b> 3:20 PM	L
Sep 26, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 27, 2025	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		McQuaid Jesuit HS	Departure Point: F-P HS Departure Time: 5:30 AM	NL
Sep 29, 2025	Mon	Practice	N/A	3:30 PM		Highland Forest	<b>Departure Time:</b> 3:15 PM	
Oct 1, 2025	Wed	Regular Season	Faith Heritage @ LaFayette	4:30 PM	6:00 PM	LaFayette H S Stadium	<b>Departure Time:</b> 3:20 PM	L
Oct 3, 2025	Fri	Practice	N/A	3:30 PM		Highland Forest	<b>Departure Time:</b> 3:15 PM	
Oct 4, 2025	Sat	Regular Season (Tully Invitational)	@ TBD	TBD		Tully XC Course	Departure Point: F-P HS Departure Time: 8:10 AM	NL
Oct 6, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Oct 10, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Oct 15, 2025	Wed	Regular Season	Cincinnatus, Manlius Pebble Hill	4:30 PM	6:00 PM	Highland Forest	Departure Point: F-P HS Departure Time: 3:20 PM	L
Oct 17, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Oct 18, 2025	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Appleby E S	Departure Point: F-P HS Departure Time: 7:15 AM	NL
Oct 20, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Oct 22, 2025	Wed	Regular Season	Tully, DeRuyter	4:30 PM		Highland Forest	Departure Point: F-P HS Departure Time: 3:20 PM	L
Oct 24, 2025	Fri	Practice	N/A	3:30 PM		Highland Forest	<b>Departure Time:</b> 3:15 PM	
Oct 29, 2025	Wed	Meet (OHSL League Meet at Tully )	Vs. Multiple	4:30 PM	7:00 PM	Tully XC Course		NL
Nov 3, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Nov 7, 2025	Fri	Practice	N/A	3:30 PM		Highland Forest	<b>Departure Time:</b> 3:15 PM	
Nov 8, 2025	Sat	Post-Season (Sectional Championship)	@ TBD	9:30 AM	3:00 PM	Mount Markham HS	Departure Point: F-P HS Departure Time: 6:50 AM	NL

Date: 2025-12-14