



# Fabius-Pompey (G) V Cross Country

## Coaches:

- Maria Reagan (Costello)

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 11, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 13, 2023	Wed	Regular Season	Tully, DeRuyter, Cincinnatus, Faith Heritage	4:30 PM	6:30 PM	Highland Forest	Departure Time: 3:15 PM	L
Sep 15, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 16, 2023	Sat	Regular Season	@ TBD	8:30 AM	11:00 AM	Cross Country Course	Departure Point: F-P HS Departure Time: 6:10 AM	NL
Sep 18, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 20, 2023	Wed	Regular Season	TBD @ Onondaga Central	4:30 PM	6:30 PM	Cross Country Trail	Departure Time: 3:30 PM	L
Sep 22, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 23, 2023	Sat	Regular Season	@ TBD	10:00 AM	3:00 PM	Bville - Durgee Cross Country Trail	Departure Point: F-P HS Departure Time: 8:00 AM	NL
Sep 25, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 29, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Sep 30, 2023	Sat	Regular Season	@ TBD	9:00 AM		McQuaid Jesuit HS	Departure Point: F-P HS	NL
Oct 2, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 4, 2023	Wed	Regular Season	Faith Heritage @ LaFayette	4:30 PM	6:30 PM	LaFayette H S Stadium	Departure Time: 3:30 PM	L
Oct 6, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 11, 2023	Wed	Regular Season	Cincinnatus @ Manlius Pebble Hill	4:30 PM	6:30 PM	Manlius Pebble Hill School	Departure Time: 3:30 PM	L
Oct 13, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 14, 2023	Sat	Regular Season	@ TBD	TBD		Marathon H S	Departure Point: F-P HS Departure Time: 7:15 AM	NL
Oct 16, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 20, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	
Oct 21, 2023	Sat	Regular Season	@ TBD	9:15 AM	1:00 PM	Weedsport Jr.-Sr. High School	Departure Point: F-P HS Departure Time: 7:00 AM	NL
Oct 23, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:15 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 25, 2023	Wed	Meet (OHSL League Meet)	Vs. Multiple	4:00 PM	7:00 PM	Tully XC Course	<b>Departure Time:</b> 3:00 PM	NL
Oct 27, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Oct 30, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	<b>Departure Time:</b> 3:15 PM	
Nov 4, 2023	Sat	Post-Season	@ TBD	TBD		Cross Country Course	<b>Departure Point:</b> F-P HS <b>Departure Time:</b> 7:00 AM	NL

Date: 2025-12-17