



East Syracuse Minoa

(B) V Winter Track

Coaches:

- Mark A. Carr, Head Coach
- Pamela Herrington, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|-----------|---------------|-------------|---------------|--------------------------------|----------------------------|
| Dec 5, 2019 | Thu | Regular Season (Jack Morse Kickoff Meet) | TBD | 4:30 PM | | SRC Arena | Departure Time: 2:45 PM | NL |
| Dec 14, 2019 | Sat | Regular Season (Oscar B. Jensen Relays) | TBD | 3:00 PM | | SRC Arena | Departure Time: 1:45 PM | NL |
| Dec 21, 2019 | Sat | Regular Season (George Constantino Memorial) | TBD | 9:00 AM | | SRC Arena | Departure Time: 7:45 AM | NL |
| Jan 4, 2020 | Sat | Regular Season (John Arcaro Memorial) | TBD | 9:00 AM | | SRC Arena | Departure Time: 7:45 AM | NL |
| Jan 11, 2020 | Sat | Regular Season (Fred Kirschenheiter Memorial) | TBD | 9:00 AM | | SRC Arena | Departure Time: 7:45 AM | NL |
| Jan 17, 2020 | Fri | Regular Season (Mohawk Valley Meet #6) | TBD | 4:30 PM | | Utica College | Departure Time: 2:30 PM | NL |
| Jan 30, 2020 | Thu | Post-Season (SCAC Empire Championships) | TBD | 4:30 PM | | SRC Arena | Departure Time: 2:45 PM | L |
| Feb 8, 2020 | Sat | Post-Season (Class A Sectional Championships) | TBD | 9:00 AM | | SRC Arena | Departure Time: 7:30 AM | NL |
| Feb 25, 2020 | Tue | Post-Season (Section III State Qualifier) | TBD | 4:30 PM | | SRC Arena | Departure Time: 2:45 PM | NL |

Date: 2026-02-09