



# East Syracuse Minoa

## (G) V Winter Track

### Coaches:

- Christopher J. Staub, Head Coach
- Pamela Herrington, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 12, 2025	Fri	Regular Season (Jack Morse Kickoff Meet)	TBD	4:30 PM		SRC Arena	<b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> CHS Stadium	L
Dec 19, 2025	Fri	Regular Season (Oscar Jensen Memorial Relays)	TBD	4:30 PM		SRC Arena	<b>Class Dismissal:</b> 2:45 PM	<b>Departure Point:</b> CHS Stadium <b>Departure Time:</b> 3:00 PM	L
Jan 3, 2026	Sat	Regular Season (George Constantino Memorial)	TBD	9:00 AM		SRC Arena		<b>Departure Point:</b> CHS Stadium <b>Departure Time:</b> 7:45 AM	L
Jan 10, 2026	Sat	Regular Season (John Arcaro Memorial)	TBD	3:00 PM		SRC Arena		<b>Departure Point:</b> CHS Stadium <b>Departure Time:</b> 1:45 PM	L
Jan 16, 2026	Fri	Regular Season (Fred Kirschenheiter Memorial)	TBD	4:30 PM		SRC Arena			L
Jan 23, 2026	Fri	Regular Season (Bob Grieve Meet)	TBD	4:30 PM		SRC Arena			L
Jan 27, 2026	Tue	Post-Season (SCAC Indoor Championships)	TBD	4:30 PM		SRC Arena			L
Feb 6, 2026	Fri	Post-Season (Sectional Championship)	TBD	4:30 PM		SRC Arena			NL
Feb 24, 2026	Tue	Post-Season (State Qualifier)	TBD	4:30 PM		SRC Arena			NL
Mar 6, 2026	Fri	Post-Season (NYSPHSAA Indoor Championships)	TBD	TBD		Ocean Breeze-Staten Island			NL
Mar 7, 2026	Sat	Post-Season (NYSPHSAA Indoor Championships)	TBD	TBD		Ocean Breeze-Staten Island			NL

Date: 2025-12-13