



East Syracuse Minoa

(G) V Winter Track

Coaches:

- Christopher J. Staub, Head Coach
- Pamela Herrington, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2024	Sat	Meet (WESTHILL INDOOR TRACK AND FIELD INVITATIONAL 2024)	Vs. Multiple	10:00 AM		OCC- SRC Arena		NL
Dec 13, 2024	Fri	Regular Season (Jack Morse Kickoff Meet)	@ TBD	4:30 PM		SRC Arena	Departure Time: 3:30 PM	L
Dec 20, 2024	Fri	Regular Season (Oscar Jensen Memorial Relays)	@ TBD	4:30 PM		SRC Arena	Departure Time: 3:30 PM	L
Jan 11, 2025	Sat	Regular Season (John Arcaro Memorial)	@ TBD	3:00 PM		SRC Arena	Departure Time: 1:45 PM	L
Jan 17, 2025	Fri	Regular Season (Fred Kirschenheiter Memorial)	@ TBD	4:30 PM		SRC Arena	Departure Time: 3:30 PM	L
Jan 24, 2025	Fri	Post-Season (SCAC Indoor Championships)	@ TBD	4:30 PM		SRC Arena	Departure Time: 3:30 PM	L
POSTPONED Jan 28, 2025	Tue	Regular Season (George Constantino Memorial)	@ TBD	4:30 PM		SRC Arena	Departure Time: 3:30 PM	L
Feb 7, 2025	Fri	Post-Season (Sectional Finals)	@ TBD	4:30 PM		SRC Arena	Departure Time: 3:30 PM	NL
Feb 25, 2025	Tue	Post-Season (State Qualifier)	@ TBD	4:30 PM		SRC Arena	Departure Time: 3:30 PM	NL
Mar 8, 2025	Sat	Post-Season (NYSPHSAA Indoor Championships)	@ TBD	9:00 AM		Ocean Breeze- Staten Island	Departure Time: 9:00 AM	NL

Date: 2026-01-06