



# East Syracuse Minoa

## (G) V Winter Track

### Coaches:

- Christopher J. Staub, Head Coach

| DATE         | WEEK DAY | TYPE  | OPPONENTS | START TIME | END TIME | LOCATION                    | TRANSPORTATION                 | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|-----------------------------|--------------------------------|---------------------|
| Nov 29, 2023 | Wed      | Regular Season (Jack Morse Kickoff Meet)            | @ TBD     | 4:30 PM    |          | SRC Arena                   | <b>Departure Time:</b> 3:15 PM | L                   |
| Dec 6, 2023  | Wed      | Regular Season (Oscar Jensen Memorial Relays)       | @ TBD     | 4:30 PM    |          | SRC Arena                   | <b>Departure Time:</b> 3:15 PM | L                   |
| Dec 16, 2023 | Sat      | Regular Season (George Constantino Memorial)        | @ TBD     | 3:00 PM    |          | SRC Arena                   | <b>Departure Time:</b> 1:45 PM | L                   |
| Jan 6, 2024  | Sat      | Regular Season (John Arcaro Memorial)               | @ TBD     | 3:00 PM    |          | SRC Arena                   | <b>Departure Time:</b> 1:45 PM | L                   |
| Jan 13, 2024 | Sat      | Regular Season (Fred Kirschenheiter Memorial)       | @ TBD     | 9:00 AM    |          | SRC Arena                   | <b>Departure Time:</b> 7:45 AM | L                   |
| Jan 19, 2024 | Fri      | Regular Season (Bob Grieve Memorial (Senior March)) | @ TBD     | 4:30 PM    |          | SRC Arena                   | <b>Departure Time:</b> 3:15 PM | L                   |
| Feb 1, 2024  | Thu      | Post-Season (SCAC Indoor Championships)             | @ TBD     | 4:30 PM    |          | SRC Arena                   | <b>Departure Time:</b> 3:15 PM | L                   |
| Feb 6, 2024  | Tue      | Post-Season (Section III Indoor Championships)      | @ TBD     | 4:30 PM    |          | SRC Arena                   | <b>Departure Time:</b> 3:15 PM | NL                  |
| Feb 14, 2024 | Wed      | Post-Season (NYSPHSAA Indoor Qualifier)             | @ TBD     | 4:30 PM    |          | SRC Arena                   | <b>Departure Time:</b> 3:15 PM | NL                  |
| Mar 2, 2024  | Sat      | Post-Season (NYSPHSAA Indoor Championships)         | @ TBD     | 9:00 AM    |          | Ocean Breeze- Staten Island | <b>Departure Time:</b> 9:00 AM | NL                  |

Date: 2024-05-02