



East Syracuse Minoa

(G) V Winter Track

Coaches:

- Christopher J. Staub, Head Coach
- Pamela Herrington, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 1, 2022	Thu	Regular Season (CNYITA Event)	TBD	4:30 PM		SRC Arena	Departure Time: 3:15 PM	L
Dec 11, 2022	Sun	Regular Season (CNYITA Event)	TBD	9:00 AM		SRC Arena	Departure Time: 7:30 AM	L
Dec 17, 2022	Sat	Regular Season (CNYITA Event)	TBD	9:00 AM		SRC Arena	Departure Time: 7:30 AM	L
Jan 7, 2023	Sat	Regular Season (CNYITA Event)	TBD	3:00 PM		SRC Arena	Departure Time: 1:30 PM	L
Jan 12, 2023	Thu	Regular Season (CNYITA Event)	TBD	4:30 PM		Utica College	Departure Time: 2:30 PM	L
Jan 21, 2023	Sat	Regular Season (CNYITA Event & Senior March)	TBD	9:00 AM		SRC Arena	Departure Time: 7:30 AM	L
Feb 2, 2023	Thu	Post-Season (SCAC Empire Division Championship)	TBD	4:30 PM		SRC Arena	Departure Time: 3:15 PM	L
Feb 9, 2023	Thu	Post-Season (Class A Sectional Championships)	TBD	4:30 PM		SRC Arena	Departure Time: 3:15 PM	L
Feb 15, 2023	Wed	Post-Season (State Qualifier)	TBD	4:30 PM		SRC Arena	Departure Time: 3:15 PM	NL

Date: 2025-12-19