



East Syracuse Minoa

(G) V Winter Track

Coaches:

- Christopher J. Staub, Head Coach
- Pamela Herrington, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|---------------|--------------------------------|---------------------|
| Dec 1, 2021 | Wed | Regular Season (Jack Morse Kickoff Meet) | TBD | 4:00 PM | | SRC Arena | Departure Time: 3:00 PM | NL |
| Dec 10, 2021 | Fri | Regular Season (MV Individual Relays) | TBD | 4:30 PM | | Utica College | Departure Time: 2:45 PM | NL |
| Dec 18, 2021 | Sat | Regular Season (George Constantino Memorial) | TBD | 9:00 AM | | SRC Arena | Departure Time: 8:00 AM | NL |
| Jan 8, 2022 | Sat | Regular Season (John Arcaro Memorial) | TBD | 3:00 PM | | SRC Arena | Departure Time: 2:00 PM | NL |
| Jan 15, 2022 | Sat | Regular Season (Fred Kirchenheiter Memorial) | TBD | 9:00 AM | | SRC Arena | Departure Time: 8:00 AM | NL |
| Jan 22, 2022 | Sat | Regular Season (Bob Grieve Memorial-Senior Night) | TBD | 3:00 PM | | SRC Arena | Departure Time: 2:00 PM | NL |
| Jan 27, 2022 | Thu | Post-Season (SCAC Championships) | TBD | 4:00 PM | | SRC Arena | Departure Time: 2:45 PM | L |
| Feb 2, 2022 | Wed | Post-Season (Sectional Finals) | TBD | 4:00 PM | | SRC Arena | Departure Time: 2:45 PM | NL |
| Feb 16, 2022 | Wed | Post-Season (State Qualifier) | TBD | 4:00 PM | | SRC Arena | Departure Time: 2:45 PM | NL |

Date: 2026-01-11