



# East Syracuse Minoa

## (G) V Winter Track

### Coaches:

- Christopher J. Staub, Head Coach
- Pamela Herrington, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 5, 2019	Thu	Regular Season (Jack Morse Kickoff Meet)	TBD	4:30 PM		SRC Arena	<b>Departure Time:</b> 2:45 PM	NL
Dec 14, 2019	Sat	Regular Season (Oscar B. Jensen Relays)	TBD	3:00 PM		SRC Arena	<b>Departure Time:</b> 1:45 PM	NL
Dec 21, 2019	Sat	Regular Season (George Constantino Memorial)	TBD	9:00 AM		SRC Arena	<b>Departure Time:</b> 7:45 AM	NL
Jan 4, 2020	Sat	Regular Season (John Arcaro Memorial)	TBD	9:00 AM		SRC Arena	<b>Departure Time:</b> 7:45 AM	NL
Jan 11, 2020	Sat	Regular Season (Fred Kirschenheiter Memorial)	TBD	9:00 AM		SRC Arena	<b>Departure Time:</b> 7:45 AM	NL
Jan 17, 2020	Fri	Regular Season (Mohawk Valley Meet #6)	TBD	4:30 PM		Utica College	<b>Departure Time:</b> 2:30 PM	NL
Jan 30, 2020	Thu	Post-Season (SCAC Empire Championships)	TBD	4:30 PM		SRC Arena	<b>Departure Time:</b> 2:45 PM	L
Feb 8, 2020	Sat	Post-Season (Class A Sectional Championships)	TBD	9:00 AM		SRC Arena	<b>Departure Time:</b> 7:30 AM	NL
Feb 25, 2020	Tue	Post-Season (Section III State Qualifier)	TBD	4:30 PM		SRC Arena	<b>Departure Time:</b> 2:45 PM	NL

Date: 2025-12-31